

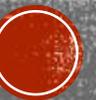


E Safety Presentation to Parents and Carers Feb 2021





COMPUTER GAMES



PEGI rating system

PEGI (Pan European Game Information) is a system of age-rating and labelling games, which includes descriptors to indicate the main reasons why a game has received a particular age rating:

Age-rating of game in years



Bad language

Game contains bad language



Discrimination

Game contains depictions of, or material which may encourage, discrimination



Drugs

Game refers to or depicts the use of drugs



Fear

Game may be frightening or scary for young children



Gambling

Games that encourage or teach gambling



Sex

Game depicts nudity and/or sexual behaviour or sexual references



Violence

Game contains depictions of violence

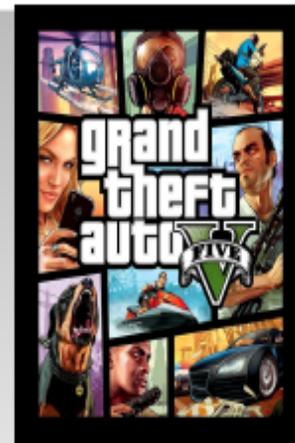


Online gameplay

Game can be played online

70% of British parents ignore age-ratings on games

(Techradar)



Very strong violence
Frequent strong/very strong language
Strong portrayal of sexual activity
Scenes of strong sexual violence
Strong horror
Strong blood and gore
Real sex
Drug taking
Discriminatory language or behaviour

Biggest computer game in the world right now is....



250 million+ downloads

So what is it...?



Fortnite is an online shooter that starts with 100 players and leaves **one winner standing**. **Battle Royale** sees 100 players parachute onto an island, and the last player alive wins. Each game lasts about **20 minutes**

It has a PEGI rating of **12**, for **'frequent scenes of mild violence'**



Fortnite

Epic Games International S.à r.l., a Luxembourg Société à Responsabilité Limitée

You and your friends will lead a group of Heroes to reclaim and rebuild a homeland that has been left empty by a mysterious darkness only known as "the Storm". Band together online to build extravagant...

The game is violent – it is a battle to the death, after all – but **the violence is rather cartoon-like** - it isn't bloody or particularly gory



Check the privacy settings on your child's account....

Set up passwords on bank cards - lots of game purchase options

Set up time limits on how long they spend playing...



National Crime Agency...

...has warned Fortnite is **putting children at risk** from online paedophiles due to the chat facility.

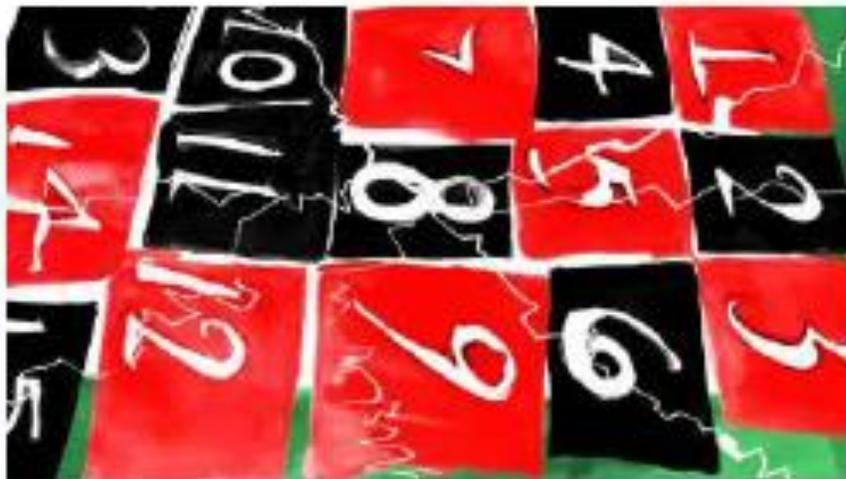
Although the game itself seems pretty harmless, **players can talk and type whatever they want** to each other, and bad language is rampant

NEWS

[Home](#) | [UK](#) | [World](#) | [Business](#) | [Politics](#) | [Tech](#) | [Science](#) | [Health](#) | [Family & Education](#) | [Entertainment](#)Stories

'How my son went from gamer to compulsive gambler'

10 October 2019

[f](#) [e](#) [t](#) [m](#) [Share](#)

The NHS has opened its first clinic for young people addicted to gaming and gambling, a year after a Gambling Commission report found that 56,000 11-to-16-year-olds in the UK were problem gamblers. For some the path to gambling begins with playing online games, as the BBC's Becky Milligan heard from the father of one young man now getting help for his addiction.

"Not in a million years, not in a million years did I think that gaming could lead to compulsive gambling."

Steve is sitting on a bench in a churchyard. He's agreed to talk to me about his son's gambling addiction. He's nervous, he hasn't done an interview

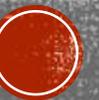
Children **hooked on addictive video games** like Fortnite will be able to **seek treatment on the NHS**, after video gaming is classified as a medical disorder by the World Health Organisation (WHO).

The move comes amid increasing evidence of **young players suffering psychological distress and family breakdown** as a result of their **addiction**.





APPS



Top Trending...

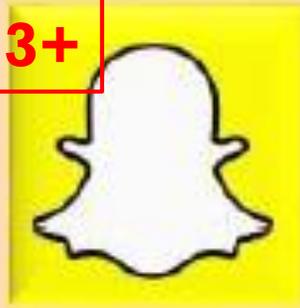
13+



Tik Tok

TikTok is a global video community powered by music. Whether it's dance, free-style or performance, creators are encouraged to let their imagination run wild.

13+



Snapchat

Snapchat lets you send a photo or short video to your friends. The 'snap' appears on screen for a matter of seconds before disappearing.

13+



Instagram

Instagram is a picture and video sharing app. Users can post content and use hashtags to share experiences or memories with an online community.



- Children are taught and should remember that not everything on the internet is real and can be misleading – to be wary of things like ‘click here to win’

All real Instagram accounts...

 **davidbeckham** 
David Beckham

 **beyonce** 
Beyoncé

 **rogerfederer** 
Roger Federer

 **barackobama** 
Barack Obama

BLUE TICK!

Top Trending...



16+

WhatsApp

WhatsApp is an instant messaging app, which lets you send instant messages, images and videos to friends.



13+

YouTube

YouTube lets you enjoy the **videos and music** you love. Upload original content, and **share it all with friends, family, and the world.**



13+

Houseparty

A group video chat app. When you and your friends are in the app at the same time, you'll see each other instantly. One tap and you're in.



13+

Twitch

Twitch is a live video game website. You can watch playbacks of games being played by other people. You can also live stream your own games.



13+

Discord

Discord is the only cross-platform voice and text chat app designed specifically for gamers. It is perfect for chatting with team member and seeing who is playing online



Most Concerning...

13+

YOLO

YOLO

Yolo allows you to ask anonymous questions to other users. You can connect Yolo with Snapchat

NONE



Send Safe Message- Self Destructing

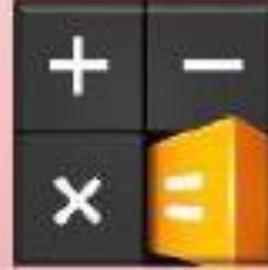
Send Safe is a free service, which allows you to send a message or photo via popular apps, ...that **Disappears** after seen once.

18+ or 13+ with parent coonsent



Omegle

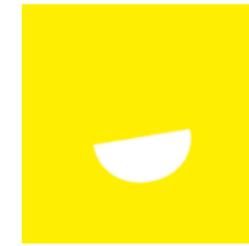
Talk to Strangers! Omegle connects you randomly to another person who's on the site, and lets you talk to them in a one-to-one video chat.



Secret Calculator

Calculator hides photos, contacts and videos behind a calculator. If you put in a passcode it will open up a private area. Able to browse internet without the history being saved.

3+



WINK

Yubo / Wink

13+

Designed to do one thing – allow teens to connect and flirt with each other in the style of online dating.

Known as 'Kiddie Tinder'

Used to be called 'Yellow'

allows users to swipe through other profiles of users in their local area, and then if they match, they can then chat.

No age verification in place.

Risk from predators is high as allows user to interact through fake accounts.



WHICH IS THE REAL CALCULATOR?



A



B



C



D



kik.

Kik

Kik is an instant messaging app which lets you share messages, photos, games and news, or organise events.

Most Concerning...

BBC

Sign in

News

Sport

Weather

iPlayer

TV

Radio

NEWS

Home

UK

World

Business

Politics

Tech

Science

Health

Family & Education

UK

England

N. Ireland

Scotland

Alba

Wales

Cymru

Local News

Kik chat app 'involved in 1,100 child abuse cases'

By Angus Crawford
BBC News

© 21 September 2018



Share

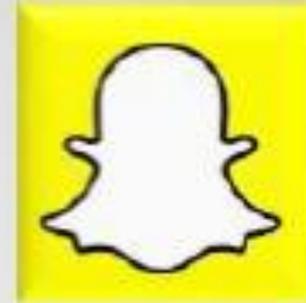


Taylor (not their real name) was groomed on Kik at the age of 13

One teen chat app has featured in more than 1,100 child sexual abuse

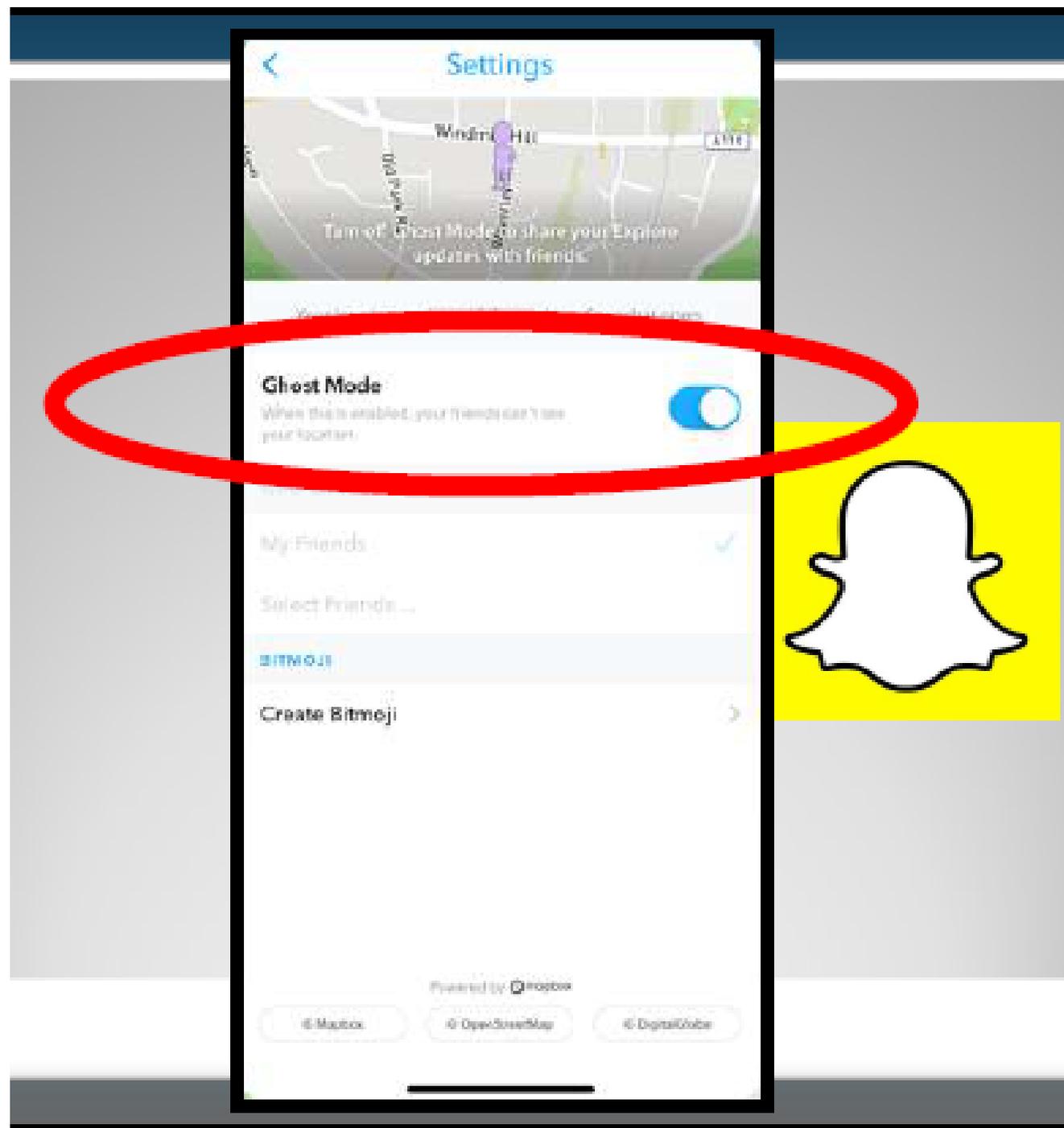
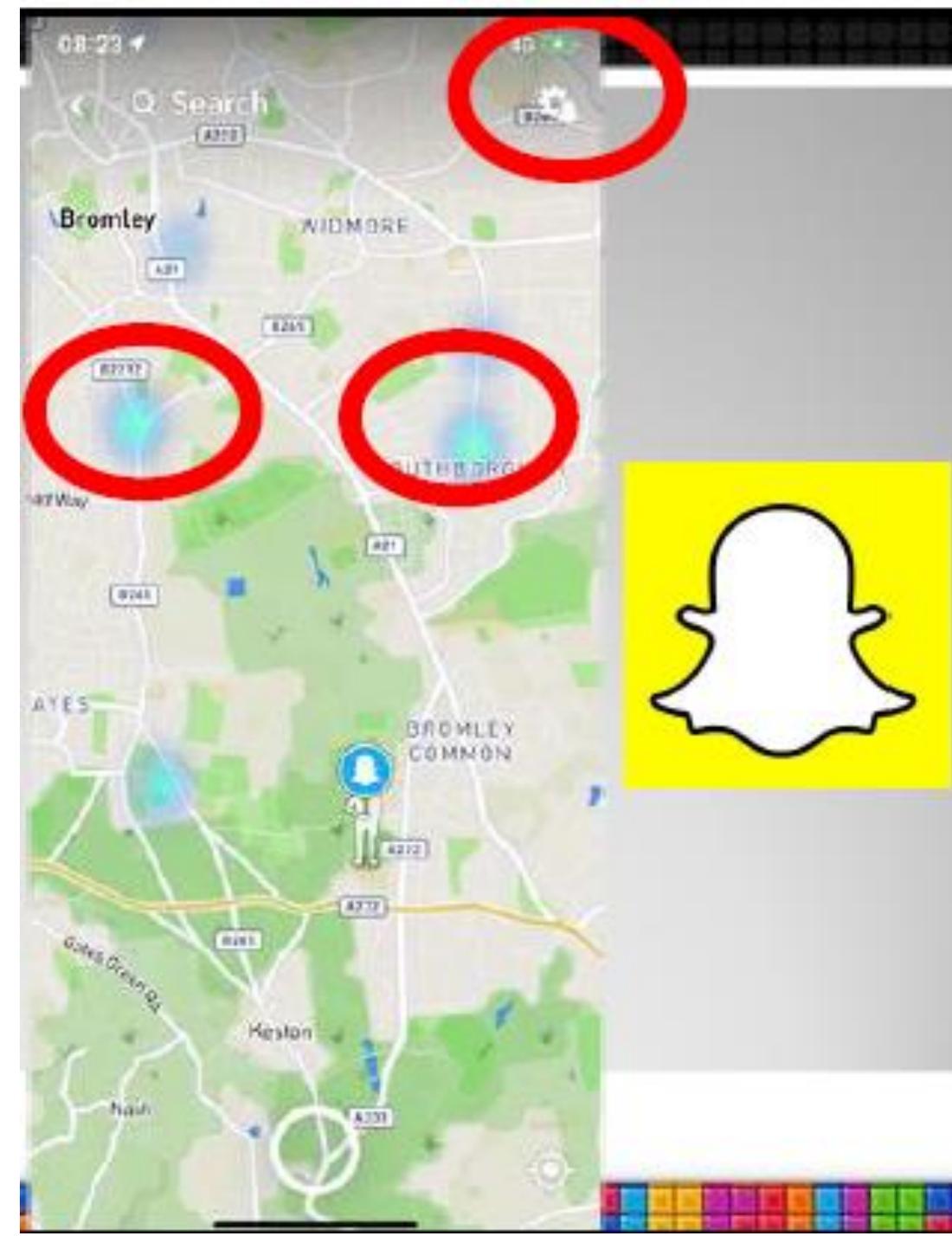


Using **social networking sites**,
it is so important that we use
privacy settings
to keep **ourselves**, and
our information, safe!



So how do we do it...?





- Never disclose it. E.g. MatthewJenson23052006

- Know who their 'Trusted Adults' are – to know who they could talk to should they need to either at home or at school.
- Tell someone – If they see something that makes you unsure, sad or scared, that they should tell an adult.

This is why it is important to have a working knowledge of the kinds of things kids get up to online. If children see us as people who 'just wouldn't get it' then they may not feel they can confide in us.

Advice for parents on Apps...

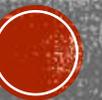
The diagram illustrates a smartphone screen with a social media profile for 'sky_blue' (age 13+). The profile includes a soccer ball profile picture, a password field, a settings gear, and a 'Me' button. Below the profile are two posts: a landscape photo and a video. The background features faint icons for various digital communication methods like SMS, Email, and Social Media.

Advice for parents on Apps...

- Use a **strong password**
- Use an **alias** and avoid **personal pictures**
- Don't include **date of birth** and other **personal information**
- Show your child how to **block** and **report**
- Change settings to **private**
- Consider the **minimum age**
- Don't accept **friend requests** from strangers
- Switch off **location services**
- Tell them to think before they **post**



- Never arrange to meet up with someone you've met online even if they seem nice or you think you know them.



How do offenders engage youngsters?
- by using the sites that they use....



Often posing as
a child of the same age / gender.
They will often purposefully present a very
similar **profile** as the child.
They are skilled at manipulating them into
criminal sexual relationships



Online grooming: The five stages

Friendship

Flattering a child

1

into talking in a private chatroom/game where they will be **isolated**

The child will often be asked for a **non-sexual picture of themselves**



Online grooming: The five stages

Forming a relationship

Gaining information

asking the child what problems /needs they have to create the illusion of being their

best friend and that they can help

They begin to fill **the needs of the child**

2



Online grooming: The five stages

Risk assessment

Asking the child about
**the location of their
computer/tablet and who
else has access to it**

3

in order to assess the risk of
being detected. The desire is to
**create situations where
they are alone together**

to help reinforce a
special connection



Exclusivity

4

Building up a sense of *mutual love and trust with the child*

suggesting that they can discuss "anything"



Online grooming: The five stages

Sex talk / Meet

5

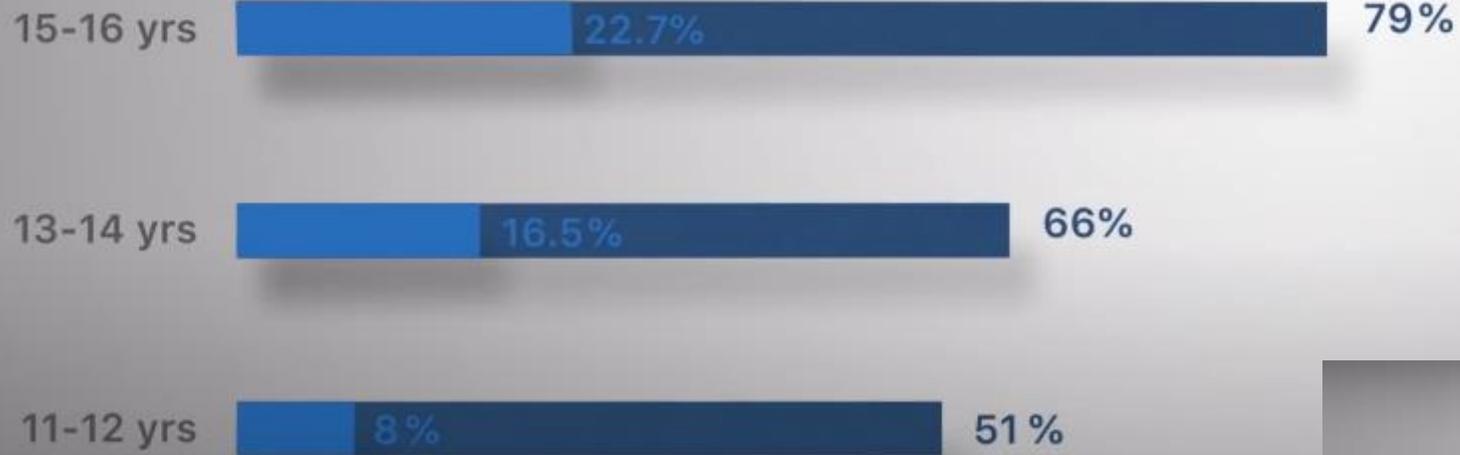
Engaging the child in explicit conversations & requesting sexually explicit pictures from them

At this stage the predator will usually try to

arrange a meeting with the child



Awareness of Pornography 2015 vs. 2020



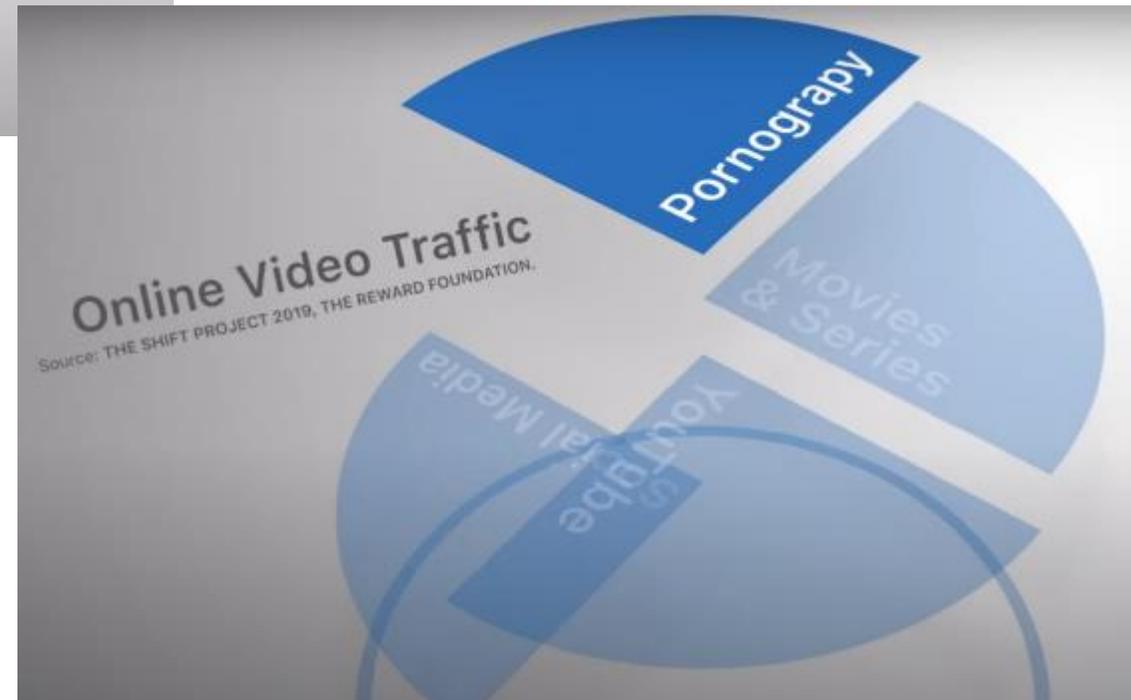
In 2019 – porn sites received more traffic than Amazon, Netflix and Twitter combined.

26% of 13-17 year olds actively seek it out.

But an Australian study found the it was closer to 50% and that was of 8 to 16 year olds.

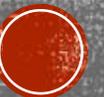
27% of the unfiltered internet video content is pornographic or explicit in some way.

Imagine a child in your house – there are 4 magazines on the coffee table. 1 is pornographic and 3 aren't and everyday you are just hoping that the child doesn't pick up that one out of the four.





CYBERBULLYING



What is
cyberbullying?



...any form of bullying
that is carried out through the use of...



Desktop
Computer



Laptop



Smartphone
or tablet



Gaming
Console



Cyberbullying terms

You'll hear various different words used in the context of cyberbullying.....

Catfishing

Cyberstalking

Dissing

Aired

Flaming

Griefing

Harassment

Swatting

Outing

Roasting

Trolling

Doxing

- You may wish to search these terms for their meanings.





Tips for dealing with Cyberbullying!

Report

Save the evidence

S-Start
T-Telling
O-Other
P-People

Don't respond

Block the bully

Be aware of what you share



Spotting the signs...

Being upset
after using
their phone or
laptop

Being **secretive** about their online
activities **spending more or less time**
than usual online

Difficulty
sleeping



Becoming
increasingly
withdrawn,
upset or
angry

Lacking
confidence
or self-
esteem

Avoiding
social
situations

Not wanting
to go to
school



What should I do if my child is being bullied online?



Stay calm

Listen without judging

Praise them for talking to you

Tell them you can help **Ask them not to reply**

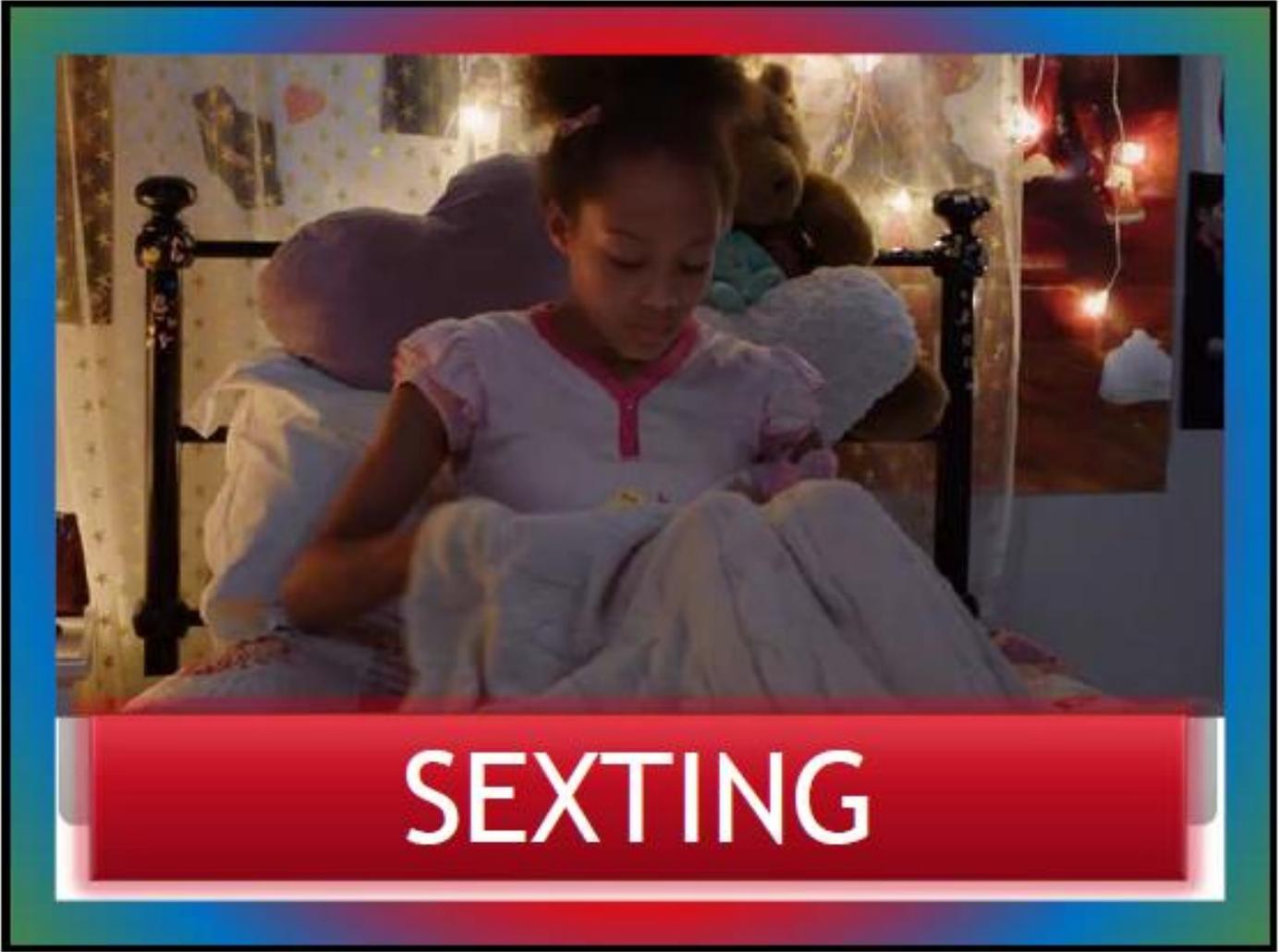
Block the bullies

Keep the evidence

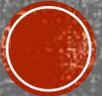


Report information to your child's school.





SEXTING



When people talk about sexting,
they usually mean *sending & receiving...*

Naked pictures
or '*nudes*'...

...'underwear
shots'...



...sexual or
'*dirty pics*'...

...rude text
messages or
videos.



Why do children send inappropriate images / videos?

There are many reasons why a young person may want to send a naked/semi-naked picture, video or message to someone else...

A joining in because they think that *'everyone is doing it'*

B boosting their self-esteem

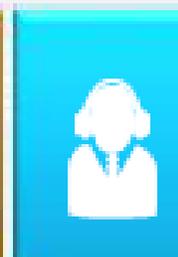
C flirting with others and testing their sexual identity exploring their sexual feelings

D to get attention and connect with new people on social media

E they may find it difficult to say 'no' if somebody asks them for an explicit image, especially if the person asking is persistent



Blackmail, bullying and harm

		Blackmail  An offender may threaten to share the pictures with the child's family and friends unless the child sends money or more images		
Bullying  If images are shared with their peers or in school, the child may be bullied	<u>Sexting</u> can leave young people vulnerable to...		Emotional distress  Children can feel embarrassed and humiliated. If they're very distressed this could lead to suicide or self-harm	
		Unwanted attention  Images posted online can attract the attention of sex offenders, who know how to search for, collect & modify images		



Safer watching

www.kids.youtube.com

You Tube

KIDS

Dive into a world of discovery, learning and fun.

YouTube Kids gives your family an easy way to watch their favourite programmes or explore anything that captures their imagination. It's free, simple to use and full of family-friendly videos.

YouTube Kids. Made for curious little minds.



BBC Sign in News Sport Weather iPlayer Sounds

NEWS

Home UK World Business Politics Tech Science Health Family & Education

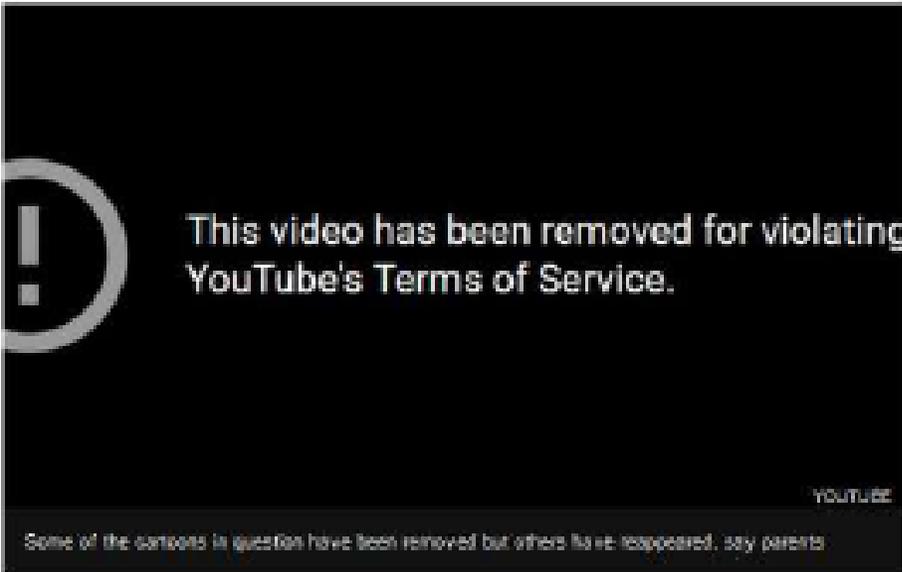
Technology

Self-harm clips hidden in kids' cartoons

By Jane Wakefield
Technology reporter

© 28 February 2015

f t e Share



This video has been removed for violating YouTube's Terms of Service.

YouTube

Some of the cartoons in question have been removed but others have reappeared, say parents

Children's charity the NSPCC has accused YouTube of failing to tackle dangerous content on its youth channel.

YouTube Kids, dubbed as a safer, child-friendly version of the video-sharing site, has

YouTube Kids, dubbed as a safer, child-friendly version of the video-sharing site, has been criticised by parents for failing to remove cartoons that contain clips depicting suicide methods on its platform





A National
Crime Agency
command

www.ceop.police.uk



www.thinkuknow.co.uk

Child Exploitation and Online Protection Command



REPORT
ABUSE



Reporting mechanism for CHILDREN...



When should I report to CEOP?

Someone ...
online is putting
pressure on me
to do things I
don't want to
do

Someone...
I don't know is
asking me to
live-stream &
do things I
don't want to
do



Someone...
online keeps
asking me to
meet them
face-to-face & I
feel pressured
by them

Someone...
I met in an
online game
keeps trying to
talk to me
privately



REPORT
ABUSE



Making things safer....



**Talk to experts
from O2 & NSPCC**

0808 800 5002

FREE
Help with
setting up
parental
controls, adjust
privacy settings
or advice on
social networks



Simple checklist for parents & carers :

I have visited www.thinkuknow.co.uk with my child
(I have **bookmarked** the CEOP website and told my child
what is there)

Open and honest dialogue - show an **interest and learn**
about what your child does online

Stay in control as much as you can through
parental filters, Family Sharing, and apps like Qustodio

Advertise **yourself** as one of the people your child can turn
to - **without** being chastised...

Education is better than saying to your child
“you are not doing this anymore...”

Many children do not make disclosures to adults as they fear the result will be the game / app will be taken away.





SCREEN TIME



SOME ADVICE REGARDING SMART PHONES

- Turn off notifications. The dopamine hit that brings you back to the slot machine for 'just one more spin'. Take responsibility to choose when you use your phone when it suits you.
- Uninstall any unnecessary apps / ones that make demands on your time.
- Only play videos you choose or search for not recommended ones.

The algorithm isn't designed to give you more of what is good for you. It's designed to keep you there. It doesn't have to be right, good, or true. It simply provides more of what it thinks will keep you there. We shouldn't, but we do stare at a car crash or try to listen in to an argument. An algorithm thinks, well if that is what you're looking at, then that must be what you want. Recommended videos does the same.

Examples— people looking for dieting videos will be recommended anorexia videos.

Someone looking for a video on how to make your own baby food may receive anti-vaccination videos as a recommendation.

This is what has given rise in flat earth theory for example.





KIDSONLINEWORLD

internet
matters.org

Website:

protectyouneyes.com

For information on apps:

protectyouneyes.com/apps/

For information on parental controls:

protectyouneyes.com/parental-controls-every-digital-device/

Website:

www.kidsonlineworld.com/

For information on apps:

www.kidsonlineworld.com/apps.html

For information on games:

www.kidsonlineworld.com/games.html

Website:

www.internetmatters.org/

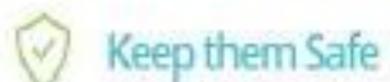
For parent controls to phones and devices:

www.internetmatters.org/parental-controls/smartphones-and-other-devices/

For parent controls to broadband and mobile networks:

www.internetmatters.org/parental-controls/broadband-mobile/





Designed to solve parents' concerns

Qustodio gives parents visibility, and creates daily opportunities to talk with kids about their online experiences.



Block Inappropriate Content

Our smart filters block inappropriate content even in private browsing mode.



Balance Screen Time

Easily limit your child's screen time across all their devices.



Monitor Calls & SMS

View your child's calls and texts, read SMS messages, and set a list of blocked contacts.



Control Games and Apps

Set time limits for games & apps or block apps you don't want from running altogether.



Monitor Social Networks

Monitor time spent on Facebook, Twitter, Instagram, Whatsapp and more.



Location Tracking and Panic Alerts

Track your child's location. In an emergency your child can send you Panic Alerts.

