



JABFIRST
BXN ACADEMY

HALF TERM CAMP

FOCUS

Boxing fundamentals, accountability, purpose, fitness, confidence building, leadership work, release, balance and coordination, discipline, self defence, strength and condition.

DETAILS

April Dates:

Week 1:
3rd, 5th, 7th

Week 2:
10th, 12th, 14th

Time: 9- 11am

Location: Hallawick Recreation Ground, London, N10 1JT

AGES:
6-12

PRICES

£15 on the day

£12 block booking for 6 sessions

**MUST BRING YOUR OWN BOXING GLOVES (HYGIENE)
AND PLENTY OF FLUID**

To book please contact me via email:
jabfirstbxnacademy@gmail.com