# Play, learn and enjoy Summer 2023

look online for any late holiday entries at www.haringey.gov.uk/holidayfun





# Activities for children and young people

# **Inclusion rating**

This year each of our activities will have a coloured rating of what level of support they can provide for their participants. If you/your young person needs additional support, please use the guide below to better identify what level of support activities can provide. If unsure, please contact the provider for more information.

# **Key: Inclusion**

- Blue rating: Sessions are open to all, and we can support individuals needing some additional assistance and adapt the activity accordingly, while expecting independent participation for most of the activity.
- Green rating: Session are open to all, and we can provide support to individuals with higher levels of need, although one-to-one support is not available. We strive to make reasonable accommodations to foster inclusivity.
- Yellow rating: The activity is designed to offer tailored support to individuals with high levels of need.







Cllr Zena Brabazon

# Summer 2023 – Play, Learn, Enjoy

This is the sixth year of our incredible summer holiday activities programme which gives children and young people great opportunities to get active, socialise and make friends.

Never has this been more important. Covid-19 and the cost of living crisis are continuing to have a major impact on our children and young people. For them to be able to get out and get active this summer is crucial in supporting and promoting their physical and mental health as well as their overall wellbeing. With a packed programme of events across our leisure venues and parks, from music, drama and wildlife surveys to martial arts, basketball, football, boxing, swimming and much more, there is something for everyone and much of it is free!

There are also inclusive disabled sessions to ensure that we meet the needs of all local children and young people. Haringey is committed to ensuring all activities are as inclusive as possible and you will see within the booklet our new Inclusion Rating, designed to help individuals and families easily identify sessions that meet their needs.

To make this happen, as a council we are supporting and teaming up with a range of local providers this year to host an extra special Summer Holiday Programme. A fantastic and diverse range of outdoor and indoor activities will be taking place in our splendid parks and community locations.

Our Community Summer Programme combined with the Holiday Activity and Food Programme (HAF) will deliver our biggest and most inclusive summer programme so far. We are delighted Haringey will have enough to offer this summer to ensure our children and young people can have an exciting and enjoyable time.

You will find all the details in this guide, including times, dates and locations, as well as information on how to book where necessary, and whether any fee applies. You can also find the activities online at www.haringey. gov.uk/holiday-fun. Have a great summer, and don't forget to share your highlights with us on social media using #IAmHaringey.

#### **Cllr Emily Arkell**

Cabinet Member for Culture, Communities and Leisure

#### **Clir Zena Brabazon**

Cabinet Member for Children, Schools and Families



A stellar new show based on the book by JULIA DONALDSON and AXEL SCHEFFLER



# Smeds and Smoos Live on stage



Thu 20 Jul - Sun 3 Sep

BOOK NOW • 0330 333 4812 smedsandsmooslive.com \*\*\*\*\*

EDINBURGHFESTIVALSFORKIDS.COM

Shaftesbury Avenue, West End

Tickets from £10

Lyric Theatre

BOOK HERE

# THE PERFECT SUMMER TREAT

# Access to Sports – Multi Sports Camp

#### 6 - 12 years

Week long, fun, multi sports activity providing the chance to try out a variety of sports, learn new skills, techniques and take part in an end of week competition. Sports include Football, Basketball, Tennis, Athletics, Volleyball, Tag Archery, Dodgeball and more! Please bring a packed lunch and water. Lunch is provided for children eligible for free school meals.

**Dates:** 24 - 27, 31 July - 3 August, 7 - 10, 14 - 17, 21 - 24, 10:30 - 3pm

Cost: Free

Venue: Finsbury Park

Just turn up? No, book in advance

Book: www.accesstosports.org.uk/bookings

Email:

info@accesstosports.org.uk

Inclusion:

# Access to Sports – Sports Academy 12 - 16 years

Take part in a range of sports activities including Basketball, Football, Tennis, Fitness, Tag Archery and more. Opportunities to join our leadership and volunteering programmes, competitions and trips!

Please bring a lunch and water. Lunch is provided for those eligible for free school meals.

**Dates:** 25 - 27, 31 July - 3 August, 7 - 10, 14 - 17, 21 - 24, 10:30 - 3pm **Cost:** Free

Venue: Finsbury Park

Just turn up? No, book in advance Book: www.accesstosports.org.uk/bookings Email: info@accesstosports.org.uk Inclusion:

# Access to Sports – Tennis coaching

## 5 - 16 years

A week of fun, tennis coaching providing children and young people the chance to develop tennis technique, learn new skills, and take part in games and matches.

**Dates:** 25 - 27, 31 July - 3 August, 7 - 10, 14 - 17, 21 - 24, 9 - 10am (5 - 7 years), 10 - 11am (8 - 10 years), 11 - 12pm (11 - 16 years)

#### Cost: Free

Venue: Finsbury Park - Tennis courts Just turn up? No, book in advance Book: www.accesstosports.org.uk/bookings Email: info@accesstosports.org.uk

Inclusion:

# Access to Sports – Sports leadership , coach education and volunteering

## 13+ years

Gain new skills, valuable qualifications and the chance to get into sports coaching and volunteering. Courses on offer include Sports leadership awards, Basketball Level 1, football level 1, Basketball Activator, Football Leadership awards and the Duke of Edinburgh Award. Contact the Access to Sports Project for more information and to register.

Dates: Various times and dates.

Cost: Free

Venue: Finsbury Park Athletics track

Just turn up? No, book in advance

Book: www.accesstosports.org.uk/bookings

Email: info@accesstosports.org.uk

# Activity Camp

#### 4 - 11 years

Children are grouped with others of a similar age and enjoy a varied timetable of arts and crafts, games and sports.

**Dates:** 24 July – 25 August, 8.30 – 6pm **Cost:** Visit website for prices - Concessions available. Rokesly School

Just turn up? No, book in advance Website: www.ymcalondoncan.org Book: hc.bookings@ymcalcan.org

#### Inclusion:



# Ahoy, matey!

#### 5 - 10 years

Find out about pirates, make a swashbuckling sword or pirate hat, and head to the courtyard to see our naval cannon.

Dates: 24 August, 1.30 - 3.30pm

Cost: Free

Venue: Bruce Castle Museum

#### Just turn up? Yes

Email: museum.services@haringey.gov.uk Call: 020 8489 4250

Inclusion:

# Awesome Childcare -Summer Holiday Camp

## 4 - 11 years

Our summer holiday camp is an opportunity to make new friends and get involved in a wide range of activities. A complimentary breakfast and also a light snack in the afternoon. Limited amount of funded 15 hour spaces for families meeting the criteria.

Dates: 24 July - 18 August, 8am - 6pm

Cost: £25 per day

Venue: Alexandra Primary School Just turn up? No, book in advance Call: 079215 26877

Inclusion:

# Bernie Grant Arts Centre Performing Arts Summer Camp

#### 12 - 16 years (week 1), 7 -11 years (week 2)

An exciting mix of activities including dance, drama and movement, with a show at the end of each week for friends and family. A great way to build confidence, learn new skills and make new friends. All abilities welcome.

**Dates:** 24 - 28 July & 31 July - 4 Aug , 10am - 5pm

#### Cost:

Venue: Bernie Grant Arts Centre

Just turn up? No, book in advance

Book: berniegrantcentre.co.uk

Email: engage@berniegrantcentre.co.uk



# Football and Fitness



# Register > thrulife.uk/fit

# All Sessions Free

\*\*Please bring water to all sessions\*\*

Do you want to have fun, make friends and get fit at the same time?

Take part in our exciting football activities that will:

- Boost your confidence
- Improve your fitness
- Level up your sporting skills

# SUMMER HAF 2023 24 JULY - 1 SEP 2023

- Days: Monday Friday Age: 13 - 15 yrs 5:30pm - 7pm 16+ yrs 7pm - 8:30pm
  - Ferry Lane Cruyff Court Jarrow Road Tottenham N17 9PS

# Haringey







0794 485 4718





# MONDAY 21ST JULY - FRIDAY 25TH AUGUST 2023

# **OPEN HOURS**

MONDAY		2PM-8PM
TUESDAY		2PM-8PM
WEDNESDAY		2PM-8PM
THURSDAY	•	2PM-8PM

JOIN NOW ! Fun & creative

TRIPS ON FRIDAYS

AGES 11 - 19 19 - 25 (SEND)

Haringey

# ACTIVITIES

Pool - Chess - Badminton - Music Technology - Football Basketball - Table Tennis - Podcasting - Martial Arts Cooking - Gardening - Bike Building - Playstation Homework Club - Calisthenics - Boxing - Boxing Club HAVE FUN, MAKE NEW FRIENDS AND ENJOY SOME ACTIVIES WITH US AT BRUCE GROVE YOUTH SPACE

# **10 BRUCE GROVE, TOTTENHAM, LONDON N176RA**

# Bruce Grove Youth Space

# 11 - 19 years - up to 25 years with SEN

Table Tennis, Chess, Cooking, Basketball, Boxing, Music Production, Gardening, Calisthenics, Art & Craft, Baking, football and so much more

Dates: Monday to Friday , 2 - 8pm

Cost: Free

Venue: Bruce Grove Youth Space

Just turn up? Yes

Call: 07870157613

Inclusion:

# Casual Football at the Frederick Knight Sports Ground

## 5 - 16 years

Casual use of 5 aside and 7 aside ballcourts **Dates:** 24 July - 25 August, 1 - 4pm **Cost:** Free **Venue:** The Frederick Knight Sports Ground **Just turn up?** Yes **Email:** casport@btconnect.com

#### Inclusion:



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# Haringey Shed's Children's Summer Theatre

#### 7 - 11 years

Create a production in 5 days! This production explores finding your identity through art but don't touch the paintings as they are magic and you may get drawn into their worlds

Dates: 24 - 28 July, 10am-4pm

**Cost:** Pay What You Can (Recommended £75)

Venue: Haringey Sixth Form College

Just turn up? No, book in advance

Call:020 8243 8743

Email: info@haringeyshed.org

Inclusion:

# Children's Yoga

Come and join our These Girls Do sessions! Meet new people, try something new or come and enjoy something you love!

**Dates:** 31 July, 7, 14, 21 August , 3:30 - 4:15pm

Cost: Free

Venue: Broadwater Farm Community Centre Email: get.active@haringey.gov.uk

# Coolhurst LT & SRC

# 3 - 16 years

Tennis, Squash and multi-sport camps Dates: 10 July - 1 September Cost: £24for 2hr, £44for 4hr, £54for 6hr session Venue: Coolhurst Lt & SRC Just turn up? Yes Book: https://linktr.ee/coolhurst Email: admin@coolhurst.co.uk Call: 07403 765215

# Free North London Summer Camp

# Young People aged 11-21 welcome!

Monday 7th August - 11th August 2023 | 10am-4pm

#### Morning workshops:

Emotional Wellbeing | Violence Against Women and Girls | Identity | Gender Stereotypes | Self-Care

#### Afternoon activities:

Self-defence | Drama | Metal Work | Go Ape

Participation is completely free!

Chestnuts Community Centre 280 St Anns Road N155BN London For more infomation and to apply, contact: cypservice@solacewomensaid.org

solace for young people

#### @solacewomensaid solacewomensaid.org

Solace Women's Aid is charity registered in England & Wales. Company Number | 0337616. Charity Number | 1082450.

# All Stars Cricket at Broadwater Farm

**Dates:** 31July - 3rd August , 10 to 11:30am **Cost:** Free with voucher codes (3Q96XM)

Venue: Markfield Park

#### Just turn up? No

**Book:** https://ecb.clubspark.uk/AllStars/ BookCourse/45946c4d-cb14-44cb-8cc3-2a202a90bd6e

Email: allstars@middlesexccc.com

Inclusion:

# Dynamo's Cricket at Broadwater Farm

#### 8 - 11 years

Dates: 31 July - 3 August Time: 11.45 - 1:45 pm Cost: Free with voucher codes (FEMR8Z) Venue: Lordship Rec Just turn up? No, book in advance Email: dynamos@middlesexccc.com



# Cricket & Multi Sports 6 - 13 years

Cricket and Multi-Sports camp for girls and boys delivering an exciting cricket programme in a fun and friendly environment. Dates: July 24 to September 1 - 10am-3pm

**Cost:** £30 per day. Limited free places available on a first come, first served basis

Venue: Hornsey Cricket Club

Just turn up? No, book in advance

Email: hcc.colts.members@gmail.com

Call: 07885 407688

Inclusion:

# Cycling Sessions All ages

Age-friendly cycling sessions with Wheely Tots. Families welcome. Sessions for beginners and improvers.

**Dates:** Check www.wheelytots.com/ sessions/ for details.

Cost: Donations welcome.

Venue: Lordship Recreation Ground

Just turn up? No, book in advance

**Book:** https://www.eventbrite.co.uk/o/ wheely-tots-17138712025

Email: bookings@wheelytots.com Call: 07397 902255

Inclusion:

# Dalmage Active Multisports Camp

#### 6 - 14 years

Come and enjoy weeks of exciting sporting activities: Archery, Football, Cricket, Basketball, Tennis, Rounders, Athletics and more.

Dates: 24 July - 25 August , 12pm - 4pm Cost: Free

Venue: Lordship Recreation Ground (Muga) Just turn up? No, book in advance Email: Admin@dalmageactive.co.uk Inclusion:

# Dance with Define Me

#### 7 - 18 years

Join Define Me for some awesome dance classes at New River.

Dates: 1 August , 12 - 4pm

Cost: Free

Venue: New River Sports Centre

Just turn up? Yes

**Book:** www.engineroom.org.uk/community/ defineme

Inclusion:

# Drama with Haringey Shed at Richard Hope Play Space

Dates: 22, 29 July, 5, 12, 19, 26 August

Cost: Free

**Venue:** Richard Hope Play Area at Finsbury Park

Just turn up? No, book in advance

Call: 020 8243 8743

Email: info@haringeyshed.org

Inclusion:

# JUNIOR SWIM

# **Children under 16**

Have a day out at Park Road Pools & Fitness during summer. Children under 8 must be accompanied by an adult\* Dates: 24 July - 1 September Cost: Junior Swim- £1 Venue: Park Road Pools & Fitness Just turn up? Yes Website: www.fusion-lifestyle.com/contracts/haringey Inclusion:

# **£1**

for all under 16 years old including Lido

# FREE GIRLS FOOTBALL SESSION 12 - 16 yrs

#### Wednesday 3:30 to 5pm

Markfield Park Crowland Rd N15 6EB **Nearest Overground:** South Tottenham Tube: Seven Sisters Bus Routes: 76, 243,149, 349, 476 For more details contact: Email: Get.active@haringey.gov.uk Call: 07971 113 463

KEY SUN PROTECTION RULES FOR WORKING OUTDOORS WITH CHILDRE







#### PREPARE:

Ensure that everyone arrives ready for a day in the sun.

#### PROTECT:

UPV clothing, hats/sunglasses and sunscreen (SPF30+) reapplied at breaks.

#### SHADE:

Avoid direct sunlight during lunch or whilst spectating others.

HYDRATE: Ensure water is always available.

LEAD BY EXAMPLE:

For further information visit www.melanoma-fund.co.uk

RISING GREEN YOUTH HUB

RÍSING GREE

OLIDAY.

UNIT 2 LYMINGTON AVENUE N22 6JA

#### 2:30pm

7:30pm

PHYSICAL HEALTH WEEK MENTAL HEALTH WEEK HUB COMPETITIONS WEEK CREATIVES WEEK EMPLOYABILITY WEEK

THEME OF

MUSIC STUDIO GAMES ROOM CHILLOUT ZONE TRAINING KITCHEN I.T SUITE PS5 CHALLENGES T-SHIRT PRINTING TRIPS

FREE

RISING

# Fun activities for ages 11-19 up to 25 with (SEN) 24 JULY - 25 AUGUST 2023

AT RISING GREEN YOUTH HUB

COME INSIDE FOR MORE INFO... OR CONTACT



carl.latham-henry@haringey.gov.uk

# Football Activity

#### 5 - 14 years

The Chettle Court Rangers Football Club aims to increase opportunities for young people from different communities to participate in recreational and competitive sport through regular coaching sessions. We offer coaching and mentoring in football to give young people opportunities for personal development and improve their life skills.

**Dates:** July 24 - September 1 , Tuesdays and Thursdays 10 - 12pm

**Cost:** Free (Donations welcome) **Venue:** Down Lane Recreation Ground

Just turn up? No, book in advance

Email: ccrfc@hotmail.com

Call: 07835866008

Inclusion:

# Free Tennis with Georgians at Down Lane Park

## 4 - 11 years

Georgians Tennis in the Park brings you daily free sessions at Haringey parks. Please book in advance to avoid disappointment

**Dates:** 24 July - 1 September , 1 - 2pm (5 to 7 years), 2 - 3pm (8 to 11 years)

#### Cost: Free

Venue: Down Lane Park

Just turn up? No, book in advance

**Book:** https://www.georgianstennisclub.uk/ holiday-camps

Website: https://bit.ly/freeharingeytennis

Inclusion:

# Free Tennis with Georgians at Priory Park 4 - 11 years

Georgians Tennis in the Park bring you daily free sessions at Haringey parks. Please book in advance to avoid disappointment.

**Dates:** 24 July - 1 September, 10 -11am (5 to 7 years), 11 - 12pm (8 to 11 years)

Cost: Free

Venue: Priory Park

Just turn up? No, book in advance

**Book:** https://www.georgianstennisclub.uk/ holiday-camps

Website: https://bit.ly/freeharingeytennis

Inclusion:



# Free Tennis with Georgians at Downhills Park

## 4 - 11 years

Georgians Tennis in the Park bring you daily free sessions at Haringey parks. Please book in advance to avoid disappointment.

**Dates:** 24 July - 1 September, 10 - 11am (5 to 7 years), 11 - 12pm (8 to 11 years)

Cost: Free

Venue: Downhills Park

Just turn up? No, book in advance

**Book:** https://www.georgianstennisclub.uk/ holiday-camps

Website: https://bit.ly/freeharingeytennis

Inclusion:

Summer 2023 15

# Free Tennis with Georgians at Stationers Park

#### 4 - 11 years

Georgians Tennis in the Park bring you daily free sessions at Haringey parks. Please book in advance to avoid disappointment

**Dates:** 24 July - 1 September , 1 - 2pm (5 to 7 years), 2 - 3pm (8 to 11 years)

#### Cost: Free

Venue: Stationers Park

Just turn up? No, book in advance

**Book:** https://www.georgianstennisclub.uk/ holiday-camps

Website: https://bit.ly/freeharingeytennis

Inclusion:

# Global Football Academy Holiday Camps

## 5 - 12 years

Football and Multi Activity holiday camps open to everyone aged 5-12.

Dates: 24 July - 1 September, 8.30am - 5pm

Cost: £35 per day , £150 per week

Venue: Coldfall Primary School

Just turn up? No, book in advance

Book: globalfootball.academy

Call: 07885567039

Email: dean@muswellhillfootballacademy.com

Inclusion:



# Gymnastics Camp

#### 5 - 12 years

Our British Gymnastics qualified coaches take children through floor work and apparatus skills during a fun-filled day.

Dates: 24 July - 1 September, 10 - 3.45pm

**Cost:** Visit website for prices - Concessions available.

Venue: The Harringay Club

Just tun up? No, book in advance

Email: hc.bookings@ymcalcan.org

Website: www.ymcalondoncan.org

Book: hc.bookings@ymcalcan.org

Inclusion:

# Haringey Basketball 4 All - Selby

#### 8 - 16 years

Come along and take part in skills and drills for all levels as well as small games including 1-on-1, 3-on-3 and 5-on-5 also looking at coaching and refereeing skills. Please contact head coach for information on sessions relating to your age.

Dates: 31 July - 1 September

Cost: Free Venue: Selby Centre Just turn up? Yes Call: 07905 250042

Inclusion:

# Haringey Basketball 4 All - Tottenham

# 8 - 16 years

Come along and take part in skills and drills for all levels as well as small games including 1-on-1, 3-on-3 and 5-on-5 also looking at coaching and refereeing skills. Please contact head coach for information on sessions relating to your age.

Dates: 31 July - 1 September Cost: Free

Venue: Tottenham Community Sport

Just turn up? Yes

Call: 07905 250042

#### Inclusion:



# Haringey Basketball 4 All - Ducketts Common

#### 9 - 16 years

Come along and take part in skills and drills for all levels as well as small games including 1-on-1, 3-on-3 and 5-on-5 also looking at coaching and refereeing skills. Please contact head coach for information on sessions relating to your age.

**Dates:** 31 July - 1 September, , 1 - 4pm & 5 - 7pm

#### Cost: Free

Venue: Duckets Common

Just turn up? Yes

Call: 07905 250042

Inclusion:

# Haringey Basketball 4 All - Lordship Rec

#### 8 - 16 years

Come along and take part in skills and drills for all levels as well as small games including

1-on-1, 3-on-3 and 5-on-5 also looking at coaching and refereeing skills. Please contact head coach for information on sessions relating to your age.

Dates: 31 July - 1 September

Cost: Free

Venue: Lordship Rec

Just turn up? Yes

Call: 07905 250042

Inclusion:

# Haringey Basketball 4 All - Ferry Lane

#### 8 - 16 years

Come along and take part in skills and drills for all levels as well as small games including 1-on-1, 3-on-3 and 5-on-5 also looking at coaching and refereeing skills. Please contact head coach for information on sessions relating to your age.

Dates: 31 July - 1 September Cost: Free Venue: Ferry Lane Just turn up? Yes Call: 07905 250042



# Haringey Basketball 4 All - Somerford Grove

#### 8 - 16 years

Come along and take part in skills and drills for all levels as well as small games including 1-on-1, 3-on-3 and 5-on-5 also looking at coaching and refereeing skills. Please contact head coach for information on sessions relating to your age.

Dates: 31 July - 1 September

Cost: Free

Venue: Somerford Grove

Just turn up? Yes

Call: 07905 250042

Inclusion:

# Haringey Basketball 4 All - Meridian Walk

#### 8 - 16 years

Come along and take part in skills and drills for all levels as well as small games including 1-on-1, 3-on-3 and 5-on-5 also looking at coaching and refereeing skills. Please contact head coach for information on sessions relating to your age.

Dates: 31 July - 1 September

Cost: Free

Venue: Meridian Walk

Just turn up? Yes

Call: 07905 250042

#### Inclusion:



# Haringey Basketball 4 All - Wood Green in the Sky

#### 8 - 16 years

Come along and take part in skills and drills for all levels as well as small games including 1-on-1, 3-on-3 and 5-on-5 also looking at coaching and refereeing skills. Please contact head coach for information on sessions relating to your age.

Dates: 31 July - 1 September

Cost: Free

Venue: Wood Green in the Sky Just turn up? Yes Call: 07905 250042

Inclusion:

# Haringey Shed's Youth Summer Theatre

#### 11 - 16 years

Creating a production with Haringey Shed and Sunshine International Arts. A two-week project about a journey through the history of the steamship HMS Windrush immigration, people and travel. A production exploring the roots of carnival through movement, acting and song in a site-specific production at The Mall in Wood Green.

Dates: 31 July - 11 August , 10am-4pm

**Cost:** Pay what you can (Recommended £150)

**Venue:** Haringey Sixth Form College , Performance at The Mall Shopping Centre, Wood Green

Just turn up? No, book in advance Call: 020 8243 8743

Email: info@haringeyshed.org

# HarPA - Richard Hope playground 5 -14 years

Child led-play sessions. Traditional play activities including, skipping & outdoor games; soft archery, woodcraft & ballgames

Dates: 22, 29 July, 5, 12, 19 August

Cost: Free

Email: sereena@haringey-play.org.uk Call: 07807 100 189

Inclusion:



# HarPA - Somerford Grove Adventure Playground

#### 6 - 15 years

Child-led outdoor play, climbing, jumping, sliding, swinging, sand pit, messy & wet play. Occasional craft & forests schools' activities. Free School Meal Lunches available. Booking required for lunches and 11am-1:30pm family sessions. Children and young people only 1:30pm-5pm. Children must be registered with Haringey Play Association see website or contact us.

**Dates:** 24 July - 18 August (also open on 21 & 23 August) , 11 - 5pm

**Cost:** Free **Venue:** Somerford Grove Adventure

#### Playground

Just turn up? Yes

Register: haringey-play.org.uk

Email: Sereea@haringey-play.org.uk Call: 07807 100 189

Inclusion:



# HarPA – Make Do Play 6 - 12 years

Make-Do Play offers imaginative free play with loose parts - playthings which can be used in endless ways! Join us for den making, arts & crafts, woodwork with real tools and lots of outdoor fun. Children must be registered with Haringey Play Association see website or contact us. Free School Meal Lunches available.

Dates: 8, 15, 22 & 29 August , 11 - 2:30pm Cost: Free

**Venue:** Suffolk Road Estate (next to playground)

Just turn up? Yes

Register: haringey-play.org.uk

Email: Sereea@haringey-play.org.uk Call: 07807 100 190

# SUMMER OF SPURS



#### Get ready for free holiday activities

Wondering what to do with your summer holidays? Spurs has got you covered. From the 24th of July to the 31st of August, Monday to Friday we will be running our Kicks and Multi-Sport camps ! We'll have a wide range of free activities running for Kids aged 5-13.

YOUR SUMMER HOLIDAYS START HERE

Kicks Football Camp (for young people aged 8-13) At our Kicks Camps our coaches will help you to improve your skills and develop your confidence on and off the pitch.

**Multi-Sport Camp** (for young people aged 5-7) – you can expect to play a mixture of sports from NFL flag football, cricket, football and so much more.

**SEND Sports Activities** (for young people aged 8-13 Mondays only) – Our inclusive multi-sport programme is for young people with additional needs.

Lunch will be provided for our Kicks and Multi-Sport camp.

Please bring your own water bottle. Refilling stations will be available at the venues.

Save the date ! Friday 1st of September – We'll be holding our Fun Day for all the family.

To register interest and find out more, please contact thf.activities@tottenhamhotspur.com

# SUMMER OF



If you havent already registered to be a part of the Tottenham Hotspur Foundation family then scan the QR code and register! To book your place, email **thf.activities@tottenhamhotspur.com.** Parental permission is required if you are under the age of 18.

The Summer of Spurs activity will be in addition to the range of timetabled programmes that will be running at other venues throughout the local area.

OSTC

Activity	Days & Times	Venue
Kicks Football Camp Aged 8-13	Mondays to Friday 10:00 - 16:00	New River Sports Centre, White Hart Lane, London N22 5QW <b>(24th July - 31st August)</b>
Multi-Sport Camp Aged 5-7	Mondays to Friday 10:00 - 16:00	New River Sports Centre, White Hart Lane, London N22 5QW (24th July - 11th August) N17 Arena, Tottenham Hotspur Stadium 782 High Road London N17 OBX (14th August to the 31st August)
SEND Sports Activities Aged 8-13	Mondays, 13:30 - 15:30	New River Sports Centre, White Hart Lane, London N22 5QW (24th July - 11th August) N17 Arena, Tottenham Hotspur Stadium 782 High Road London N17 OBX (14th August to the 31st August)

Stay up-to-date with what's going on by following us on social media:

SpursOfficial
 SpursFoundation

We look forward to seeing you for a Summer of Spurs!



# HarPA - Sandbunker Play project

# 6 - 13 years

Child-led play sessions: outdoor play, loose parts, arts & crafts, soft archery, skipping, chalks, and games. Free School meal Lunches available. Trip to Somerford Grove Adventure Playground. Children must be registered with Haringey Play Association see website or contact us.

**Dates:** 25 - 27 July , 1 - 3 & 8 - 10 August , 12:30 - 4pm

Cost: Free

Venue: Sandbunker Community Centre

Just turn up? Yes

Register: haringey-play.org.uk

Email: Sereea@haringey-play.org.uk Call: 07807 100 191

Inclusion:

# HR Sports Academy Dance Camp

#### 5 - 12 years

Two week of fun games and quality dance coaching to develop skills and confidence. Please visit our website for more information. A packed lunch and refillable water bottle must be provided, and participants must wear appropriate clothing.

Dates: 24 - 28 July & 31 July - 4 August,

9am - 4pm

**Cost:** £15 per day , £65 per week **Venue:** Woodside High School

Just turn up? No, book in advance Book: www.hrsportsacademy.co.uk

Call: 07903 107217 or 07947 530498 Email: holidaycamps@hrsportsacademy. co.uk

Inclusion:



# HR Sports Academy Football Camp

#### 5 - 15 years

A week of fun and quality football coaching for boys and girls to develop their skills and techniques through a variety of activities. Please visit our website for more information. A packed lunch and refillable water bottle must be provided, and participants must wear appropriate clothing.

**Dates:** 24 - 28 July & 31 July - 4 August, 9am - 4pm

Cost: £15 per day , £65 per week

Venue: Woodside High School

Just turn up? No, book in advance Book: www.hrsportsacademy.co.uk

**Call:** 07903 107217 or 07947 530498 **Email:** holidaycamps@hrsportsacademy. co.uk



# HR Sports Academy Football Camp

#### 5 - 15 years

A week of fun and quality football coaching for boys and girls to develop their skills and techniques through a variety of activities. Please visit our website for more information. A packed lunch and refillable water bottle must be provided, and participants must wear appropriate clothing.

**Dates:** 7 - 11 & 14 - 18 August, 9am - 4pm

**Cost:** £15 per day , £65 per week **Venue:** Markfield Park MUGA (Multi Use Games Areas)

Just turn up? No, book in advance Book: www.hrsportsacademy.co.uk

**Call:** 07903 107217 or 07947 530498 **Email:** holidaycamps@hrsportsacademy. co.uk

Inclusion:

# HR Sports Academy Multi Sports Holiday Camp

## 5 - 15 years

A week of fun games and competitions which allow participants to develop their skills and techniques in variety of sports. Please visit our website for more information. A packed lunch and refillable water bottle must be provided, and participants must wear appropriate clothing.

**Dates:** 24 - 28 July & 31 July - 4 August , 9am- 4pm

Cost: £15 per day , £65 per week

Venue: Woodside High School

Just turn up? No, book in advance Book: www.hrsportsacademy.co.uk

**Call:** 07903 107217 or 07947 530498 **Email:** holidaycamps@hrsportsacademy. co.uk

Inclusion:

# HR Sports Academy Multi Sports Holiday Camp

## 5 - 15 years

A week of fun games and competitions which allow participants to develop their skills and techniques in a wide variety of sports. Please visit our website for more information. A packed lunch and refillable water bottle must be provided, and participants must wear appropriate clothing.

Dates: 7 - 11 & 14 - 18 August, 9am - 4pm

Cost: £15 per day , £65 per week

**Venue:** Markfield Park MUGA (Multi Use Games Areas)

Just turn up? No, book in advance Book: www.hrsportsacademy.co.uk

Call: 07903 107217 or 07947 530498 Email: holidaycamps@hrsportsacademy. co.uk

Inclusion:

Summer 2023 23

# HR Sports Academy NFL

#### 11 - 17 years

Fun and quality NFL coaching for boys and girls aged 12-18 to develop their skills and techniques through a variety of fun activities.

Dates: 7 - 11 & 14 - 18 August, 11am - 2pm

**Cost:** Free **Venue:** Markfield Park MUGA (Multi Use Games Areas)

Just turn up? No, book in advance Book: www.hrsportsacademy.co.uk

**Call:** 07903 107217 or 07947 530498 **Email:** holidaycamps@hrsportsacademy. co.uk

Inclusion:



# Living Under One Sun Activities

#### 8+ years

A variety of gardening, food growing, wheel Chair basketball, arts and cycling. Please bring a hat, sunscreen and water bottle. Enquire for details on when each activity is being held. Dates: 24 July - 1 September

Cost: Free

Venue: Living Under One Sun

Just turn up? No, book in advance

Email: comms@livingunderonesun.co.uk

**Website:** https://www.livingunderonesun. co.uk/

Inclusion:

# London Boxing Academy Gym

Come along and take part in top quality boxing coaching by London Boxing Academy. Learn new skills and drills, suitable for all abilities.

**Dates:** 24 July - 1 September, Under 14 years 1 - 2.30pm , over 14 years 2.30 - 4pm

Cost: Free

Venue: New River Sports Centre

Call: 02088814050

Email: chris@londonboxingacademy.co.uk

Inclusion:

# Marital Arts at TCSC 6 - 11 years

Non-contact kickboxing for boys and girls aged 6-11 years. Sessions will include teaching techniques and fitness every Monday, Tuesday & Thursday.

Dates: 24 August , 11 - 12:30pm

Cost: Free

Venue: Tottenham Community Sports Centre

Just turn up? Yes

Book: esmond.francis@btinternet.com

# HARINGEY BASKETBALL FOR ALL



Weekdays all Summer Holiday! Start Monday 31 July 2023 End Friday 01 September 2023

Come along and take part in skills and drills for all levels as well as small games including 1-on-1, 3on-3 and 5-on-5 also looking at coaching and refereeing skills. Please contact Master Head Coach for Basketball Hesketh Benoit: 07905 250 042 or Senior Coach, Jonathan Gyimah: 07791 138929

#### **Disability info**

For any information on sessions and relating to your age and disability inclusion contact Master Head Coach for Basketball Hesketh Benoit OR Senior Coach, Jonathan Gyimah.

Please don't forget to bring any refreshments and water I

#### Venues :

Tottenham TCSC (N17 8AD), Lordship Rec MUGA (N17 6NU), Somerford Grv MUGA (N17 0HL), Ducketts Com CAGE (N15 3EA), Down Lane Park CAGE (N17 9EY), Ferry Lane Est CAGE (N17 9NG), Meridian Walk B/ball Court (N17 8EG), Selby Centre Sports Hall (N17 8JL), Wood Green in the Sky City MUGA (N22 6YQ) Cost: All Free

Selby sessions

Fridays & Sundays: 4pm to 6pm for 5yrs to 18yrs / 6pm to 8pm, 18yrs+

#### Cost: E3 per session

Tuesdays

5yrs to 16yrs, 3:45pm to 5pm, Tottenham TCSC/Selby

#### Cost: £3 per session

Wednesdays and Saturdays, 3pm to Spm, Down Lane Park CAGE, Ferry Lane Est CAGE, 5:30 to 7pm

Inclusion:



# 7 to 18 years



# HARINGEY HOLIDAY ACTIVITY AND FOOD (HAF) PROGRAMME

# Haringey is offering a range of HAF clubs over the summer holidays.

#### All HAF clubs are completely free for young people who are eligible for benefits based free school meals during the holidays.

Clubs will be run by locally trusted organisations, offering a range of physical and enrichment activities and a tasty nutritious lunch for children across Haringey.

Ensuring they have a fun and active summer holiday.

To book a place or for more information visit:

#### www.haringey.gov.uk/haf

Alternatively, you can contact:

HAFProgramme @haringey.gov.uk













# Netball at Finsbury Park

Join England Netball at Finsbury Saturday in August. All abilities welcome!

Dates: 24 July - 1 September, 9:30 - 3pm

Ages 5 - 11 Same for others 9:45 - 10:45am, Ages 11 - 16 from 11 - 12:15pm and 16+ from 10 - 3pm

Cost: Free

Venue: Finsbury Park

Just turn up? Yes

Book: sophie.johnson@englandnetball.co.uk

#### Inclusion:



# Open Day at Markfield Beam Engine & Museum All ages

Fun with bubbles

**Dates:** 23 July, 13 & 27 August , 2.30 - 3.30pm

Cost: Free

**Venue:** Markfield Beam Engine & Museum Markfield Park

Just turn up? Yes

Email: Info@mbeam.org

Inclusion:

# Pedal Power - New River

Pedal Power cycling sessions for people of all ages with learning disabilities **Dates:** 21, 28 July, 4, 11, 18, 25 August & 1 September **Cost:** £3

Venue: New River Sports Centre Just turn up? No, book in advance Book: www.pedalpowercc.org Call: 074903 70347

Inclusion:

# Pedal Power - Finsbury Park

Pedal Power cycling sessions for people of all ages with learning disabilities

Dates: 22, 29 July, 1, 5, 8, 12, 15, 19, 22, 26, 29 August & 2 September Cost: £3 Venue: Finsbury Park Just turn up? No, book in advance Book: www.pedalpowercc.org Call: 074903 70347

# BRUCE GROVE Youth Space

FOR ALL CHILDREN AND YOUNG PEOPLE AGED GROUP 11 TO 19 (UP TO 25 IF SEND).

# WHAT IS BRUCE GROVE YOUTH SPACE?

SESSIONS

ARE FREE

We like to think of the Bruce Grove Youth Space as a home from home. Young people of all backgrounds visit the centre and join in a wide range of activities, which helps to build strong connections within a positive community.

#### WHAT WE OFFER

An inclusive environment, fun activities including sports, gaming, creative outlets – dance, music, drama, and most importantly an environment where you will be supported by our staff and volunteers.

#### HOW TO BOOK?

Enjoy our Legendary free Summer Programme from 25th July to 26th Aug 2022. Check out our timetable online at www.youthspace. haringey.gov.uk. First come, first served!

So don't miss out on Five weeks of fun activities every Monday to Thursday from 2pm to 8pm. Parents are not allowed to stay in the building.





# **AGTIVITIES**

Football Boxina Yoga **Music Production** Cooking **Robot Building Radio Presenting Table Tennis Photography Personal Training** Beauty Gardening **Roller Skating** Dodgeball **Basketball Money Maintenance** Podcasting Self Defence (SEND) Film making Chess Customise **Spoken Word Artist Development** Rag Rug (Recycle Craft) **Jewellery and Wood Craft Bike Maintenance** Drama Dance Nail Art Make Up and Beauty Love my Natural and much more... Visit our website!



For bookings:sophie.johnson@englandnetball.co.uk



# Project 2020 Summer Youth Club

#### 10 - 19 years

Project 2020 will be providing a range of fun and free activities. including music and media workshops, cooking club, arts & craft, fitness, pool, table tennis, PlayStation and more.

**Dates:** 2 - 4, 9-11, 16-18, 23 - 25 August, 12 - 6pm

Cost: Free

Venue: Project 2020

Just turn up? Yes

Call: 07790 379 194

Email: Project2020@haringey.gov.uk





# Rollerskating

#### 4 - 14 years

Casual skating to the latest music. We provide skates or bring your own.

To participate you must pre-book. The telephone line opens onwards from Monday 24th July 10am-4pm.

**Dates:** Tuesday - Thursday from 25 July - 17 August, 1.30 - 3pm & 3- 4.30pm

Cost: £2

**Venue:** Tottenham Community Sports Centre

Just turn up? No, book in advance Call: 07519249265

Email: casport@btconnect.com

Inclusion:

# Rose Sports Academy -Summer Camp

#### 3 - 12 years

A multi-sport camp aimed at keeping children active and teaching them new skills and sports. We will also incorporate fun games and arts and crafts into our daily activities. Children will also compete in our daily Rose Sports Academy Olympics where mixed teams compete against each other in sporting events throughout the week.

Dates: 24 July - 1 September, 9am - 4pm

**Cost:** £30 per day , £130 per week , Sibling Discount for full week bookings - 10%

Venue: South Harringay School

Just turn up? No, book in advance

Book: www.rosesportsacademy.com

Email: info@rosesportsacademy.com Call: 07763 655743

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# Become an All Star!

#### Here's your free All Stars Cricket place

We play at: Broadwater Farm (Lordship Rec) Contact:

allstars@middlesexccc.com

Session dates:

31st July - 3rd August

Your unique voucher code: FEMR8Z Session timings:

10am - 11.30am

# DYNAMOS CRICKET

allstarscricket.co.uk

# Here's your free Dynamos Cricket place

We play at:

Broadwater Farm (Lordship Rec)

Contact:

dynamos@middlesexccc.com

Session dates:

Session timings:

31st July - 3rd August

3096XM

11.45am - 1.45pm

Your unique voucher code:

dynamoscricket.co.uk



# Sam's Sports Solution Holiday Camp

#### 4 - 11 years

At Sam's Sports Solution, we promote active participation and healthy competition among children in different age groups. We carefully select activities to maximise fun while also providing opportunities to learn new skills, make new friends, and boost confidence.

**Dates:** 24 - 28 July & 31 July - 4 August, 9:30am - 3:00 pm

**Cost:** £25 per day , Sibling discount £40.00 for two children

Venue: Priory Park

Just turn up? No, book in advance

**Book:** https://www.sams-sports-solutions. com/

Email: Sssolutions-Itd@hotmail.com Phone: 07956 298495

Inclusion:

# Seaside Sundays @ Bruce Castle

## 3 - 8 years

Head down to the little explorer's gallery for a holiday from home. Get busy on Sundays making mini sand sculptures and discover our seaside themed sensory trays.

**Dates:** 30 July, 6, 13 & 20 August , 1 – 4pm

Cost: Free

#### Venue: Bruce Castle Museum

Just turn up? Yes

Email: museum.services@haringey.gov.uk Call: 020 8489 4250

#### Inclusion:

# Selby Sports Day

A variety of sporting activities for the whole family to take part in, as well as Health zones with mini workshops, gardening and games.

Dates: 5 August , 12 - 6pm

**Cost:** Free **Venue:** Selby Centre

Inclusion:

# Self Defence at New River

Learn and practice a range of easy-toremember and highly effective Self Defence techniques to help you feel more confidence in potentially threatening situations. The course explores your views and perception of safety. You will learn about assertiveness, understanding and dealing with aggression and how to identify and avoid risky situation.

**Dates:** 26 July, 2, 9, 16, 23, 30 August , 2 -3pm

Cost: Free

Venue: New River

Email: get.active@haringey.gov.uk

Inclusion:

# Shape Up with Spurs

## 18+ years

Shape Up with Spurs has been running since October 2015 and supports hundreds of local residents each week to get active in a fun, safe and inclusive manner. Our team of trained professionals are out delivering Monday – Friday at a range of times and locations. Dates: Monday - Friday 9am - 8pm

#### Cost: Free

**Venue:** Multiple locations across Haringey and Enfield

#### Just turn up? Yes

**Email:** THF.Activities@tottenhamhotspur. com

Inclusion:

# Stage Academy: Show in a Week!

#### 4 - 17 years

Join Stage Academy Highgate's team of performing arts industry professional teachers for our brilliant 'Show in a Week' course. Enjoy a week filled with singing, acting, dance, games and activities, culminating in our very own abridged performance of the ever popular Shrek the Musical on the final day performed on site for friends and family at 2:30pm.

Dates: 24 - 28 July, 9.30am - 3.30pm

**Cost:** £350

Venue: Lauderdale House

Just turn up? No, book in advance

Book: https://stageacademy.co.uk/holiday

Email: contact@stageacademy.co.uk Call: 0800 808 5327

Inclusion:

# Steaming Open Day at Markfield Beam Engine & Museum

#### All ages

See Markfield Beam Engine running at this special steaming open day!

**Dates:** Steaming 12.30 - 1.15pm & 2.30-3.15pm, Museum open 11-5pm

Cost: Free

Venue: Markfield Beam Engine & Museum Markfield Park Just turn up? Yes Email: Info@mbeam.org

Inclusion:



# Summer Sun @ Bruce Castle

#### 5 - 10 years

Kick off the summer holidays and create a sun catcher, a pair of shades and a traditional seaside windmill.

Dates: 3 August, 1.30 - 3.30pm

Cost: Free

Venue: Bruce Castle Museum

Just turn up? Yes

Email: museum.services@haringey.gov.uk Call: 020 8489 4250

Inclusion:

# The Markfield Project 5 - 16 years

Markfield has a wonderful adventure playground, sensory room and soft play. Our highly trained staff are experienced in including children with a wide range of disabilities and facilitating child led play activities. Places are purchased through short breaks budgets.

Dates: 31 July - 25 August , 10 - 3pm

Cost: Price dependent on support needs. Venue: Markfield Project Just turn up? No, book in advance Email: enquiries@markfield.org.uk

Inclusion:

# Thru Life Football & Fitness programme 12 - 16 years

#### Do you want to have fun, make friends and get fit at the same time? Join our sessions and take part in exciting activities that will boost your confidence, improve your health

and level up your sporting skills

#### Dates: 31 August , 5:30 - 8:30pm

#### Cost: Free

Venue: Ferry Lane Cruyff Court Just turn up? No, book in advance Email: admin@thrulife.uk Call: 07944 485 718

#### Inclusion:



# To The Whistle Sports and Activity Camp

#### 5 - 16 years

A variety of multi sports such as Football, Basketball, Fencing, Archery, Gymnastics and more. Activities will include creative workshops, cooking, arts & crafts. Access to our fun inflatables and our end of camp fun day across multiple sites (includes stalls and prizes). Camp Finale Fun Day Thursday 24 August at New River from 1pm.

Dates: 24 July - 24 August, 9.30 - 3.30pm

**Cost:** £25 per day , Free School Meal places available (10% sibling discount available)

Venue: New River Sports Centre

Just turn up? No, book in advance

**Book:** https://tothewhistlesportscamps. class4kids.co.uk

**Email:** Hello@tothewhistleltd.co.uk or Ttwsportscamps@gmail.com

Inclusion:



# To The Whistle Sports and Activity Camp

# 5 - 16 years

We will have a variety of multi sports on offer such as Football, Basketball, Fencing, Archery, Gymnastics and much more. Activities will include creative workshops, cooking, arts & crafts. Access to our fun inflatables and our end of camp fun day across multiple sites (includes stalls and prizes)

Dates: 24 July - 10 August , 9.30 - 3.30pm Cost: £25 per day , Free School Meal places available (10% sibling discount available) Venue: Belmont Junior School

Just turn up? No, book in advance

**Book:** https://tothewhistlesportscamps. class4kids.co.uk

**Email:** Hello@tothewhistleltd.co.uk or Ttwsportscamps@gmail.com



# To The Whistle Sports and Activity Camp

#### 5 - 16 years

We will have a variety of multi sports on offer such as Football, Basketball, Fencing, Archery, Gymnastics and much more. Activities will include creative workshops, cooking, arts & crafts. Access to our fun inflatables and our end of camp fun day across multiple sites (includes stalls and prizes)

Dates: 24 July - 18 August, 9.30 - 3.30pm

**Cost:** £25 per day , Free School Meal places available (10% sibling discount available)

Venue: Lea Valley Primary School

Just turn up? No, book in advance

**Book:** https://tothewhistlesportscamps. class4kids.co.uk

**Email:** Hello@tothewhistleltd.co.uk or Ttwsportscamps@gmail.com

#### Inclusion:



Treasure Island

## 5 - 10 years

Imagine you are off to sail the seven seas! Design your own treasure map and make a handful of shiny coins to take home.

Dates: 17 August, 1.30 - 3.30pm

Cost: Free

Venue: Bruce Castle Museum

Just turn up? Yes

Email: museum.services@haringey.gov.uk Call: 020 8489 4250

Inclusion:

# Under the Sea

#### 5 - 10 years

Discover what lurks in the ocean by handling fossilised sea creatures and be inspired to create your own underwater sea scene sprinkled with sand art.

Dates: 10 August, 1.30 - 3.30pm

Cost: Free

Venue: Bruce Castle Museum

Just turn up? Yes

Email: museum.services@haringey.gov.uk

Call: 020 8489 4250

Inclusion:

# Volleyball at Ducketts Common

#### 8+ years

Join us at Ducketts Common for an afternoon of Volleyball. Coaching in skills, positioning and serving. Game play on 2 courts in the park

Dates: 24 July - 1 September

Cost: Free Venue: Duckets Common Just turn up? Yes

36 Summer 2023

#### Email: omojudi27@hotmail.co.uk

#### Inclusion:



# Xplorer - Lordship Rec 6+ years

Xplorer is an orienteering challenge that helps children to use both mind and body. Complete a route by walking, using a wheelchair, running, or cycling, taking place in your local park. Meeting point by the cafe.

Dates: 26 July, 11 - 2pm

Cost: Free

Venue: Lordship Rec

Just turn up? No, book in advance Email: get.active@haringey.gov.uk

Call: 07971 113463

Inclusion:

# Xplorer - Bruce Castle

#### 6+ years

Xplorer is an orienteering challenge that helps children to use both mind and body. Complete a route by walking, using a wheelchair, running, or cycling, taking place in your local park. Meeting point by the cafe. Dates: 27 July. 11 - 2pm Cost: Free Venue: Bruce Castle Just turn up? No, book in advance Email: get.active@haringey.gov.uk Call: 07971 113463

Inclusion:



Xplorer - Priory Park

## 6+ years

Xplorer is an orienteering challenge that helps children to use both mind and body. Complete a route by walking, using a wheelchair, running, or cycling, taking place in your local park. Meeting point by the cafe.

Dates: 10 August , 11 - 2pm

Cost: Free Venue: Priory Park Just turn up? No, book in advance Email: get.active@haringey.gov.uk Call: 07971 113463

# Dribble, Dunk and Develop your Basketball Skills!

at Tottenham Green Pools & Fitness

# Junior Skills Sessions:

4:30 - 5:30pm (Years 1-6) 5:30 - 6:30pm (Years 7-10) £2.30 per session

# **Adult Skills Session:**

6:30 - 8pm Adults (16+) £4.00 per session **EVERY FRIDAY** 

> **FREE** to Choice Members, Choice Family Members and Choice Junior Members

Book a session today. Call: 020 8885 7300

**Tottenham Green Pools and Fitness** 1 Philip Lane, London N15 4JA Haringey fusion

# YOUR CHILD'S HEALTH AND VACCINATIONS

Vaccination protects children and young people from many serious illnesses and can prevent long absences from school. Ensuring your child is vaccinated means reducing the spread of disease to other vulnerable family members and people.

Before starting primary school,

make sure your child is up-todate with their vaccines. Check their red book!

- At 3 years and 4 months, your child should have had both the 4-in-1 (pre-school) and second dose of the MMR (measles, mumps, and rubella) booster to ensure full protection.
- If your child has missed any vaccines, they have been vaccinated in another country, or you are unsure if your child is able to have certain vaccinations, speak to your GP who will advise you

on what vaccines your child needs to stay safe.

 Your child will also receive the annual flu vaccination in school

# At secondary school the below vaccines are given to children:

- The human papillomavirus (HPV) vaccine is given in Year 8. It is highly effective at protecting against some cancers, such as cancers of the cervix, mouth and throat.
- The 3-in-1 teenage booster and meningococcal ACWY vaccine are given in year
  9. These boost protection against; tetanus, diphtheria and polio and protect against meningitis and blood poisoning (septicaemia).
- Your child may also receive the annual flu vaccination







School vaccinations are administrated by Vaccination UK. Please complete the consent form when you receive it, to allow your child to receive the vaccines and stay protected.



For more information about childhood

## CHILDHOOD AND SCHOOL-AGED VACCINES ARE:

- Free
- Safe all vaccines are thoroughly tested to make sure they will not harm your child
- Do NOT cause autism studies have found no evidence of a link between the MMR vaccine and autism

Pitching / Catching / Fielding / Hitting / Bunting / Base running / Speed & Agility training

# London Mets 2023 **Youth Summer Baseball Camp**





TOAM - 2PM

London, UK

# **Plus Sat Sandlot**

August 26th - 10AM - 2PM

## w/ Extra Innings

Early drop-off, late pick-up

# £100 |

6-14 boys

register at www.londonmets.org/youth-summer-camp



For more information, contact us at 07752013587 or youthbaseball@iondonmets.org

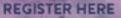
Your registration includes: on-field instruction and a Mets T-shirt.

Daily rate of £25 available. No charge for Saturday sandlat ball. Extra Innings: E5/hr

London Mets Baseball Club, Endymion Road, Finsbury Park London N4 1EE www.londonmets.org

YOU ARE INVITED TO COME AND FIND OUT A LITTLE BIT MORE ABOUT BEING INVOLVED IN CLUB LIFE ... AND THE FOOD AND DRINKS ARE ON US!

# MIDDLESEX CRICKET

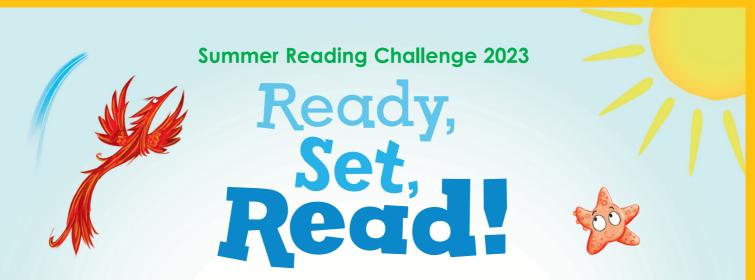




# NORTH LONDON CC 1 AUGUST | 6PM START

CRICKET

CLUBS CANNOT RUN WITHOUT THE SUPPORT OF VOLUNTEERS. EXPLORE A VARIETY OF ROLES - ANY TIME COUNTS!



The Summer Reading Challenge, presented by The Reading Agency, is the UK's biggest reading for pleasure programme for **children aged 4 to 11**. The Challenge encourages children to enjoy the benefits of reading for pleasure over the summer holidays, providing lots of fun as well as helping to prevent the summer reading 'dip'.

Each year the Challenge motivates **over 700,000 children** to keep reading to build their skills and confidence and last year, **in Haringey, more than 1,700 children** joined the Challenge.

This year's Summer Reading Challenge theme – Ready, Set, Read! – has been created in partnership with Youth Sport Trust and illustrated by the brilliant children's writer and illustrator Loretta Schauer. The **sport and play** themed initiative aims to keep children's minds and bodies active over the summer break, empowering young people to forge new connections with others. The Challenge and the accompanying book collection shows that imagination and play can unlock endless possibilities, and that the library is where this starts.



The Challenge will officially **begin on the 8th** July in England and Wales. Participating children will have until 9th September to **read six books** (or four for the mini challenge) to complete the challenge!

Sign up at your local library to take part in the Summer Reading Challenge or free! And look at some of the supporting activities, happening in Haringey Libraries, on the following pages!



summerreadingchallenge.org.uk

Here are some of the fantastic activities for children this summer at Haringey Libraries, in support of the Summer Reading Challenge!

## Get Creative Alexandra Park Library Fridays 10.30-11am

Suitable for ages 4+ <u>Friday 7th July:</u> learn about local legend Dolly Shepherd, a Victorian Balloonist and Parachutist who worked at Alexandra Palace, while making a parachute for your toys! <u>Friday 14th July:</u> go bowling with homemade

colourful pins. <u>Friday 21st July</u>: Celebrate the start of the Women's

World Cup by creating your own finger puppet football team.

<u>Friday 28th July:</u> Challenge yourself to shoot some hoops with a homemade cup and basketball craft!



Summer Reading Challenge Launch Day Hornsey Library Saturday 8th July Colouring sheets, quiz, wordsearch

#### Summer Reading Challenge Launch Day Wood Green Library Saturday 8th July 11-3pm

Come along to our jam packed launch of this year's Summer Reading Challenge, 'Ready, Set, Read'. We will be kick starting the launch with a dragon dance followed by Qigong type of exercises, meditation, giant Chess, giant Connect Four, giant Noughts and Crosses plus be the first to see the gifts you can collect along the way when you take part in the challenge.

#### Face Painting St. Ann's Library Saturday 8th July 2-4pm

Come and have your face (or arm, hand, etc) painted to celebrate the start of this year's Summer Reading Challenge (please join!) Open to all children aged 5 and over but designs will be simpler for younger ones. Children under 9 should be accompanied by a parent/carer.



#### Arts and Crafts St. Ann's Library Wednesdays and Saturdays 10.30-12pm Suitable for ages 4-12. Sat 8th and Weds 12th July: Make a Doug the Dinosaur finger puppet Sat 15th and Weds 19th July: Make Naomi's sunglasses and starfish wristband Sat 22nd and Weds 26th July: Make a Dynamo the Dog finger puppet Sat 29th July and Weds 2nd August: Make a Cosmo the Cat greetings card Sat 5th and Weds 9th August: Make a Blaze the Phoenix wand



#### Storytime Alexandra Park Library Mondays 10.30-11am

Work towards the Summer Mini challenge with stories about games, sports and learn more about famous sports stars from history, like Rudolf Nuruyen, Jesse Owens and Billie Jean King. Suitable for ages under 5s.

Summer Reading Challenge Launch Celebration Wood Green Library Tuesday 11th July 3.30-5pm Inflatable Snakes and Ladders Inflatable Target Ball Games

#### Dig a Dino Fossil Stroud Green & Harringay Library Tuesday 11th July 3.30-4.30pm

Join us to excavate your own dinosaur bones. Suitable for ages 1-9

#### Sport Heroes Board Hornsey Library Wednesday 12th July 3.30-4.30pm

Help us create our Sport Heroes Board. This activity
gives you the opportunity to learn about sport heroes,
their dreams and achievements and have your
favourite sport heroes included in our display.
The board will be on display in the library throughout
the month.

Suitable for ages 4 and above.

## Design a Sports Medal Stroud Green & Harringay Library Thursday 13th July 3.30-4.30pm

Come along and design your own winning sports medal. Suitable for ages 1-9



Summer Reading Challenge Launch Celebration Wood Green Library Thursday 13th July 3.30-5pm Giant Chess Giant Connect Four

Giant Noughts and Crosses

#### Table Football

Stroud Green & Harringay Library Saturday 15th & 29th July 2-4pm

In keeping with this years Summer Reading Challenge based around sports, be a sport and come along and

play a game of table football.

# Vintage Cartoons

# Wood Green Library

Mondays 17th July to 28th August 11-12pm

Enjoy summer with cartoons

#### Design a Football Kit

Stroud Green & Harringay Library Tuesday 18th July 3.30-4.30pm

Join us and design your very own football kit. Suitable

#### for ages 1-9

Racing Cars Craft Hornsey Library

#### Tuesday 18th July 3.30-4.30pm

Did you know that McLaren Automotive studied sailfish and copied their design in order to make their car faster?

Have fun creating and decorating your own racing car. Suitable for ages 4 and above.

# Summer Craft

Wood Green Library

#### Tuesday 18th July and 15th August 11-12pm

Get crafty this summer

Story Time! with Uncle Granville

Wood Green Library

Wednesdays 19th July to 30th August 10.30-11am

Fun stories and silly voices Lollipop Sport Bookmark Hornsey Library

Monday 24th July 10.30-11.30am

Did you know that according to the World's Sports Encyclopaedia, there are over 8000 sports! Come along and decorate a bookmark using designs

of your favourite sport.

These bookmarks can be a lovely gift for your family

and friends.

Suitable for all ages.

Skittles Craft Stroud Green & Harringay Library Monday 24th July 2-3.30pm

Come along to this session and create your very own Skittles game. Suitable for ages 1-9

# Design a Trainer Stroud Green & Harringay Library

Wednesday 26th July 3.30-4.30pm Come along to this session and design your own trainer. Suitable for ages 1-9



Book Hunt Wood Green Library Tuesday 1st August & Saturday 19th August Find the book - keep the book!

#### Tennis Racket Craft Hornsey Library Thursday 3rd August 2-3pm

Did you know that the first tennis racquet wasn't made until 1874, previous athletes played with their hands?

Make your own tennis racket using simple craft cupboard supplies and wool.

Enjoy decorating and lacing your tennis racket. Suitable for ages 4+





Tottenham, London, N15 5PU

Dates 14th to 17th Aug 2023 from 10am to 3pm (9:30 registration)

29th Aug to 1st Sep 2023 from 10am to 3pm (9:30 registration)



Selby Centre, Selby Road, N17 8JL

Music stage / Health & Wellbeing Activities & Games / Workshops Information Stalls / Bouncy Castles / Food & Beverage Sports Activities & Taster Sessions

selbytrust.co.uk/summer-festival

# **Venues Directory**

#### **Alexandra Primary School**

Western Road, Wood Green, N22 6UH

**Bernie Grant Arts Centre** Town Hall Approach Rd, Tottenham Green, N15 4RX

**Belmont Junior School** 30 Rusper Rd, N22 6RA

Broadwater Farm Community Centre

Adam Road, N17 6HE

Bruce Castle Park and Museum Lordship Lane N17 8NU

Bruce Grove Youth Centre 10 Bruce Grove Tottenham N17 6RA

Brunswick Park Brunswick Road

**Chestnut Park** St Ann's Road Tottenham N15

**Coldfall Primary School** Coldfall Ave, Muswell Hill, N10 1HS

Coolhurst LT & SRC Coolhurst Road, Crouch Enc

Down Lane Park / Down Lane Recreation Ground

Park View Road N17 9EY

Downhills Park Downhills Park Road N17 6PF

Ducketts Common

Fairland Park

Fairfax Road, N8

Ferry Lane Cruyff Court Jarrow Road Tottenham N17 9NF **Finsbury Park** 

(athletics track, basketball courts, tennis courts) N4 2JT

**Georgians Tennis Club** Crouch End Playing Fields (off Park Road), N8 8JJ

Haringey 6th Form College 120 White Hart Lane, N17 8HR

Hartington Park Stirling Rd Tottenham N17 9UN

Hornsey Cricket Club Tivoli Rd, London N8 8RG

Hornsey School for Girls Inderwick Rd. Crouch End N8 9JF

Lauderdale House

Lea Valley Primary School Somerford Grove, London N17 0PT

Living Under One Sun Community Hub & Cafe

(inside Down Lane Park) Park View Road, London N17 9EY

Lordship Hub/Lordship Rec Lordship Recreation Ground Higham Road N17 6NU

Markfield Park MUGA Crowland Road South Tottenham N15 6UL

Markfield Park Markfield Road N15 4RB

Markfield Project Markfield Road. London N15 4RE

New River Sports Centre White Hart Lane, London N22 5QW

Park Road Pools and Fitness 145 Park Road Crouch End N8 8JN **Priory Park** 

Priory Road Crouch End N8

**Project 2020** Kenneth Robbins House, N17 0QA

**Rising Green Youth Hub** 

2B, Lymington Avenue, Wood Green N22 6JA

Rokesly School Rokesly Ave N8 8NH

Sandbunker Community Centre

Sandlings Estate Glynne Rd, Wood Green, N22 6LR

Selby Centre Selby Road. N17 8JL

Somerford Grove Adventure Playground

Park Lane Close N17 0HL Somerford Grove

Rothbury Walk, N17 0PQ

**South Harringay School** Mattison Road, N4 1BD

**Stationers Park** Mayfield Road , N8 9LP

Suffolk Road Estate Tottenham, N15

The Frederick Knight Sports Ground

Willoughby Lane N17 OSL

Tottenham Community Sport Centre

701-703 High Rd Tottenham N17 8AD

Tottenham Green Pools & Fitness

1 Philip Lane N15 4JA

White Hart Lane Recreation Ground

White Hart Ln, N22 5SJ

Woodside High School

White Hart Lane, Wood Green, N22 5QJ

For more activities, check 'What's On' at haringey.gov.uk

