

## Pendarren Kit List

(please make sure everything is named – you have no idea how hard it is to match up lost property – if you want it back then name it!)

- 1 Bed linen:
  - single duvet cover
  - single sheet
  - one pillow case (duvet and pillow are provided)

If necessary Pendarren can provide this bed linen but there will be a small charge for laundering

- 2 Water bottle (named)
- 3 3 x Warm tops, sweatshirts or jumpers (fleece is ideal)
- 4 4 x shirts or T-shirts (some with long sleeves)
- 5 3 x trousers for activities (jogging bottoms or leggings, **not jeans**)
- 6 1 x jeans pair (for evenings)
- 7 Underwear (enough for the week)
- 8 1 x trainers pair (old ones, for activities)
- 9 1 x trainers pair (for inside wear)
- 10 1 x large towel (for activities)
- 11 Warm hat and gloves (essential in winter, mittens are warmer than fingered gloves), scarf is optional.
- 13 Nightwear / pyjamas
- 14 Dressing gown and slippers (optional)
- 15 Wash kit – towel, soap, toothbrush and toothpaste, deodorant (roll-on – no aerosols)
- 16 4 x thick socks pairs, plus thinner socks
- 17 Wellington boots (if already owned) can be borrowed from the Centre for no charge.
- 18 Walking boots (if already owned) can be borrowed from the Centre for no charge.
- 19 Sunscreen and peaked sunhats for late spring / summer term
- 20 Personal medication – to be given to a school staff member.

At least one set of casual clothes is required for evenings in the Centre, together with soft shoes or slippers (indoor use only). **Old clothes are most suitable for Pendarren activities.**

### Things not to bring:

- Chewing gum (for the same reasons it is not allowed in school!)
- Sweets/snacks – no food should be brought by children
- Mobile phones - not allowed
- Digital cameras / personal gaming consoles or any electronics
- Money

Note that Pendarren is equipped to provide waterproof jacket, trousers, walking boots, wellington boots, wetsuits and other specialist protective clothing as well as rucksacks.

**Photographs** – a Pendarren camera will be allocated to each group and at the end of the week a DVD of all your school photos will be available to buy. Due to the environment the cameras are used in they do not last long, which is why we request pupils do not bring their own. The Pendarren cameras are purchased by the Friends of Pendarren and any proceeds from the sale of DVD's goes to the Friends to purchase more resources for visiting pupils.