



# CHILDREN'S BRAZILIAN JIU-JITSU CLASSES

In honour of International Women's Day, Alexandra Park BJJ is offering free martial arts classes for girls for the month of March. (Please note these are mixed-gender classes).

Classes will take place at the following times:

Tuesdays

- 19:00 - 20:30 (Children aged 12 to 18 years old)

Saturdays

- 12:00 - 13:00 (Children aged 6 to 12 years old)
- 13:00 - 14:30 (Children aged 12 to 18 years old)

Pre-booking is essential for the 12:00 - 13:00 class.



**To book a place email:  
[enquiries@alexandraparkbjj.co.uk](mailto:enquiries@alexandraparkbjj.co.uk) or  
visit <https://bitly.ws/3aZqq>  
or scan the QR code:**

Alexandra Park BJJ, Alexandra Park School (The Gymnasium),  
Rhodes Avenue, London, N22 7UT



**SCAN ME**