[WEEKLY MENU] Week 1

Week Commencing: Mon 15th Apr - Mon 6th May - Mon 3rd Jun - Mon 24th Jun - Mon 15th Jul

| 600 | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------------------|---|--|--|---|--------------------------------|
| Main Dish of the Day | Butter Chicken Curry (G*) | Beef Burger & Homemade Potato Wedges (G, SE*, SO) | Roast Chicken & Gravy | Beef Lasagne (E*, G, MK) | Fish Fingers & Chips (F, G) |
| Vegetarian Dish of the Day | Vegetable & Lentil Korma with Rice (CE, G*, MK) | Vegetable Bean Burger ↓ Homemade Potato Wedges (G, SE*) | Roasted Vegetable Filo Parcel & Homemade Tomato Sauce (CE, G) | Roasted Vegetable Lasagne (E*, G, MK) | Cheesy Calzone (G, MK) |
| Vegetable Choice | Seasonal Vegetables | Baked Beans or Coleslaw (E, MU) | Rustic Roast Potatoes & Medley of Seasonal Vegetables | Green Salad & Coleslaw (E, MU) | Beans or Peas |
| Dessert of the Day | Selection of Fruit Mousse (MK) | Honey & Raisin Flapjack (G) | Apple Crumble & Custard (G, MK) | Pineapple Upside Down Cake (E, G, MK) | Ice Cream (MK) |
| Jacket Potato Bar | See Board for Details | See Board for Details | See Board for Details | See Board for Details | See Board for Details |
| | | | | | |

Cold Selection

Daily Salad Bar, Homemade Bread (E*, G, MK, SO), Selection of Fresh Fruit, Jelly and Yoghurt

Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds * = May Contain

St Mary's CE Infant ↓
Junior School

NEEKLY MENU Dieck 2





Week Commencing: Mon 22nd Apr - Mon 13th May - Mon 10th Jun - Mon 1st Jul - Mon 22nd Jul

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------------------|---|---|--|-----------------------------------|--|
| Main Dish of the Day | Chicken & Tomato Basil Pasta (G, MK) | Chicken Hot Dog (CE, G, SE*, SO*, SU) | Roast Beef & Gravy | Caribbean Chicken Curry | Battered Fish & Chips (F, G) |
| Vegetarian Dish of the Day | Tomato & Basil Pasta (CE, G) | Quorn Hot Dog (E, G, SE*) | Summer Vegetable Quiche & Nut Free Pesto (E, G, MK) | Jerk Vegetable Wrap (CE, G) | Vegan Nuggets 4 Chips (G) |
| Vegetable Choice | Garlic Bread and Green Salad (G, MK) | Homemade Potato Wedges & Sweetcorn | Rustic Roast Potatoes & Seasonal Vegetables | Jamaican Rice ↔ Peas | Beans or Peas |
| Dessert of the Day | Banana Sponge with Vanilla Sauce (E, G, MK) | Lemon Meringue Pie (E, G) | Classic Jam Sponge & Custard (E, G, MK, SO*) | Дрріе Traybake (E, G, MK*) | Chocolate Orange Sponge with Chocolate Sauce (E, G, MK, SO) |
| Jacket Potato Bar | See Board for Details | See Board for Details | See Board for Details | See Board for Details | See Board for Details |
| | | | | | |

Cold Selection

Daily Salad Bar, Homemade Bread (E*, G, MK, SO), Selection of Fresh Fruit, Jelly and Yoghurt

St Mary's CE Infant & Junior School

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[WEEKLY MENU] Week 3

Week Commencing: Mon 29th Apr - Mon 20th May - Mon 17th Jun - Mon 8th Jul

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|---|--|
| Chinese Chicken Noodles (CE, E, G, SO) | BBQ Chicken Pizza (G, MK) | Roast Turkey 4 Gravy | Butchers Sausage & Crushed Potato with Gravy (CE, G, MK, SO, SU) | Fish Fingers & Chips (F, G) |
| Chinese Vegetable Stir Fry Noodles (E, G, SO) | Margherita Pizza (G, MK) | Veggie Shepherdess Pie (CE, MK) | Veggie Sausage & Crushed Potato with Gravy (G, MK) | Mac → Cheese (G, MK) |
| Stir Fried Greens | Seasoned Potato Wedges ↓ Sweetcorn | Rustic Roast Potatoes & Medley of Seasonal Vegetables | Seasonal Greens | Beans or Peas |
| Lemon Drizzle Cake (E, G, SU) | Carrot Cake Traybake (E, G, MK*, \$0) | Iced Vanilla Sponge (E, G) | Dutch Apple Tart (E, G, MK) | Double Chocolate Chip Cookie (E, G, MK, \$0) |
| See Board for Details | See Board for Details | See Board for Details | See Board for Details | See Board for Details |
| | Chinese Chicken Noodles (CE, E, G, SO) Chinese Vegetable Stir Fry Noodles (E, G, SO) Stir Fried Greens Lemon Drizzle Cake (E, G, SU) See Board for | Chinese Chicken Noodles (CE, E, G, SO) Chinese Vegetable Stir Fry Noodles (E, G, SO) Stir Fried Greens Cake (E, G, SU) See Board for BBQ Chicken Pizza (G, MK) Margherita Pizza (G, MK) Seasoned Potato Wedges & Sweetcorn Carrot Cake Traybake (E, G, SU) See Board for | Chinese Chicken Noodles (G, MK) Chinese Vegetable Stir Fry Noodles (E, G, SO) Stir Fried Greens Lemon Drizzle Cake (E, G, SU) Chinese Vegetable Stir Pried Greens Ceasoned Potato Wedges & Sweetcorn Cake (E, G, SU) See Board for See Board for Chinese Chicken Pizza (G, MK) Roast Turkey & Gravy Veggie Shepherdess Pie (CE, MK) Rustic Roast Potatoes & Medley of Seasonal Vegetables Carrot Cake Traybake (E, G, MK*, SO) See Board for See Board for | Chinese Chicken Noodles (CE, E, G, SO) Chinese Vegetable Stir Fry Noodles (E, G, SO) Stir Fried Greens Carrot Cake Cake (E, G, SU) Chinese Chicken Pizza (G, MK) CE, G, MK, SO, SU) Roast Turkey & Crushed Potato with Gravy (CE, G, MK, SO, SU) Veggie Shepherdess Pie (CE, MK) Ces, MK) Rustic Roast Potatoes & Medley of Seasonal Vegetables Carrot Cake (E, G, SU) Carrot Cake (E, G, MK*, SO) Carrot Cake (E, G, MK) Carrot Cake (E, G, MK) Carrot Cake (E, G, MK*, SO) Carrot Cake (E, G, MK) Carrot Cake (E, G, MK) |

Daily Salad Bar, Homemade Bread (E*, G, MK, SO), Selection of Fresh Fruit, Jelly and Yoghurt

Allergens:

Cold

Selection

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