

Planned Spirituality at St Mary's CE Primary School

It is very difficult to put into words what 'spirituality' actually is because it is a very personal experience. It differs from person to person, and often spirituality changes within people during their lifetime. Spirituality is not the same as having a religion or faith; a person can be spiritual without having a particular faith.

As a school, we define spirituality as:

Finding awe and wonder in God's world

Developing a relationship with God

Stillness & finding inner peace through prayer

Creativity, discussion & reflection

1. Awe & Wonder

We provide children with trips, workshops and VR experiences through the curriculum as well as moments of awe and wonder as a whole school through our Christmas & Easter celebrations at Church, our 'Donkey Day' procession at Easter, our whole school Advent and Harvest celebrations & theatre visits.

2. Developing a relationship with God

We provide occasions for the children to talk, think, question and reflect on this through prayer, in class and in collective worship, in RE lessons and place of worship visits.

3. Stillness & finding inner peace through prayer

Children are given the chance to find a sense of calm through prayer, in class and in collective worship, through reflections and use of quiet spaces in the classrooms and playground.

4. Creativity, discussion & reflection

Through our curriculum, our children develop their creativity in a number of ways such as drawing, painting, 3D model making, singing, drama, PE and dance as well as our extra-curricular activities such as trips, workshops and VR experiences. Our children are actively taught to ask questions, share opinions and discuss their opinions and views. Additionally, through our curriculum our children are actively encouraged to reflect on their learning daily.