

St Mary's C.E. Primary School

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Headteacher: Jane O'Brien

13th February 2025

Dear Parents & Carers,

Please could parents and carers be reminded of the rules and expectations for PE kit at St Mary's

In PE, children often take part in high energy activities as well as using specialist equipment. Therefore, it is important to ensure that children have the correct footwear and PE kit in every lesson. Doing PE in school uniform is unsafe, impractical and unhygienic. Children are also often grouped into their school house colours (green, yellow, red, blue), and so are clearly distinguished by their PE kits. Being organised in this way also promotes and encourages teamwork and leadership.

The correct PE kit consists of socks, trainers or plimsolls (black), shorts (black) and a plain t-shirt representing their house colour (green, red, yellow or blue).

T-shirts are easily available through online retailers – [House T-Shirts](#). We encourage sports trainers (black) as they have superior grip and ankle protection, although plimsolls are fine too. Shoes are unacceptable for PE. During the winter, children can also wear a plain jumper or fleece, preferably in their house colour. Jackets and coats are **not** appropriate for PE lessons. For safety reasons, no jewellery should be worn in PE and long hair should be tied back (as stated in school uniform rules).



Warning system for years 3 to 6

As with last year, if children forget their PE kit, they will be given a reminder by me and this will also be sent home. They will not then be able to take part in PE that day.

We do not want any child missing out on vital learning and exercise as well as healthy growth and physical development in PE. We therefore urge you to support and encourage your child to take greater responsibility for their PE kit so that they are ready for PE on the appropriate days.

Thank you in advance for your continued support.
Many thanks,

Jack Oakley
Lead PE Teacher