

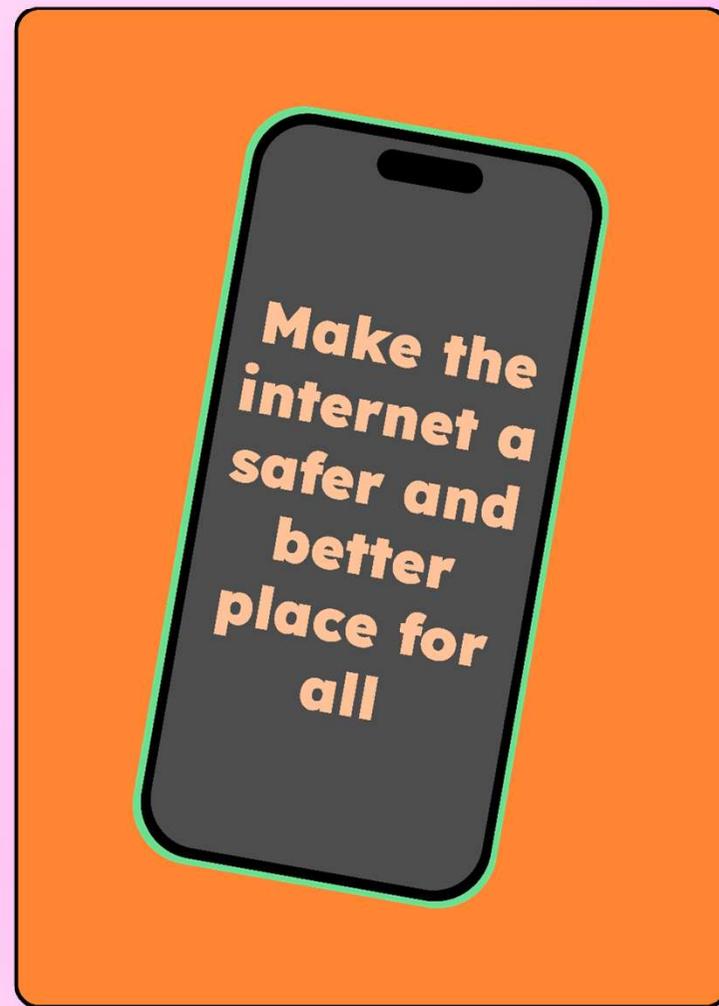
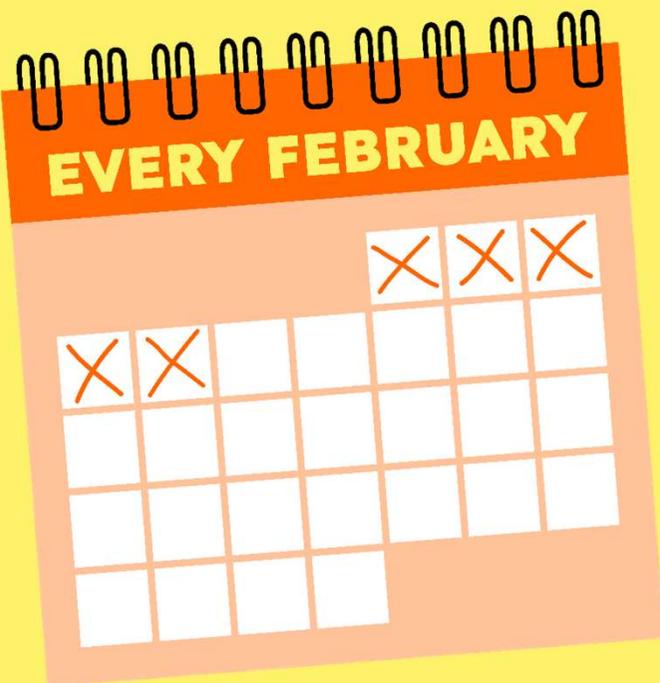


Safer Internet Day 2026



**Have you celebrated
Safer Internet Day before?**

What do you think Safer Internet Day might be about?



Charities

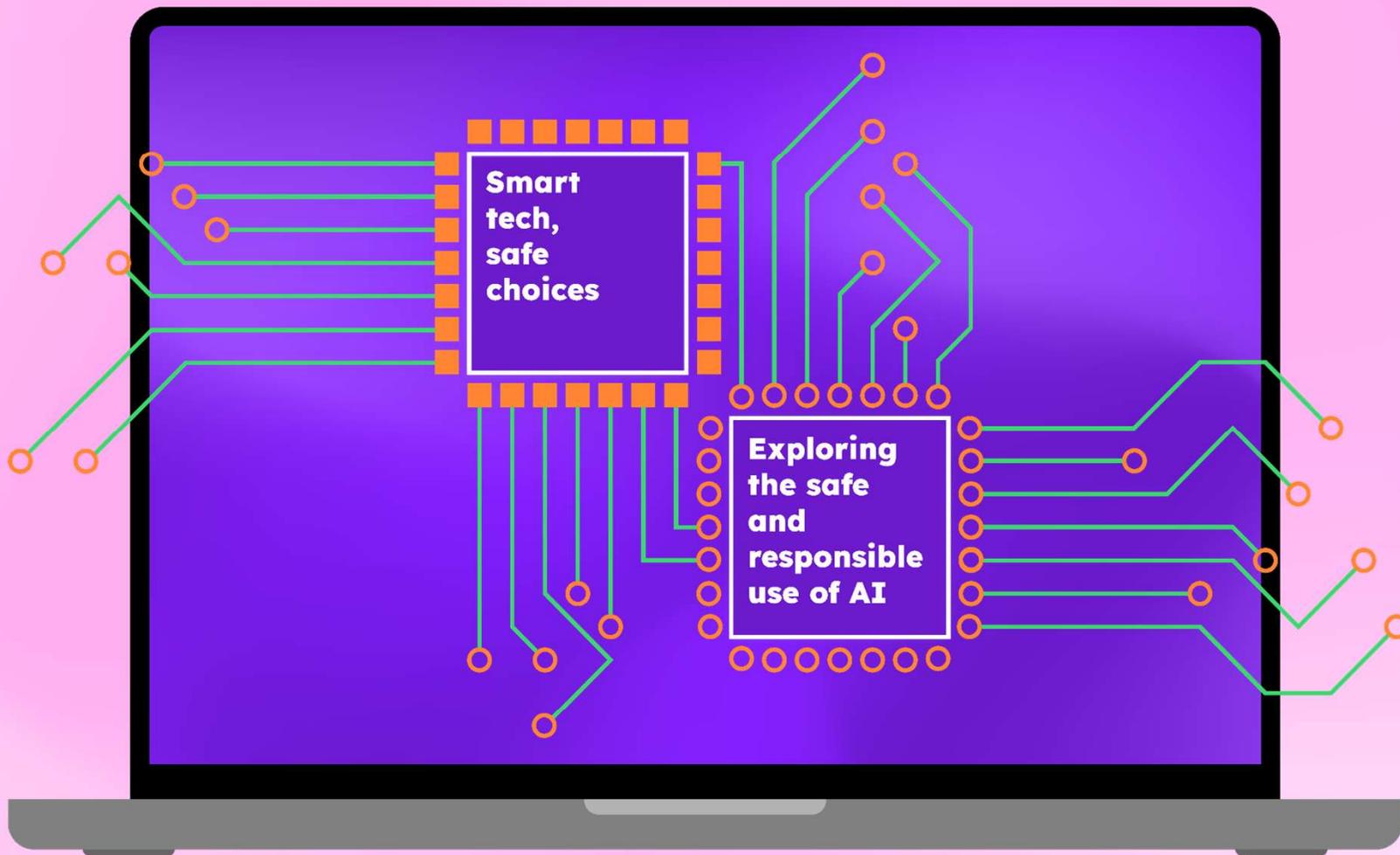
Sports Clubs

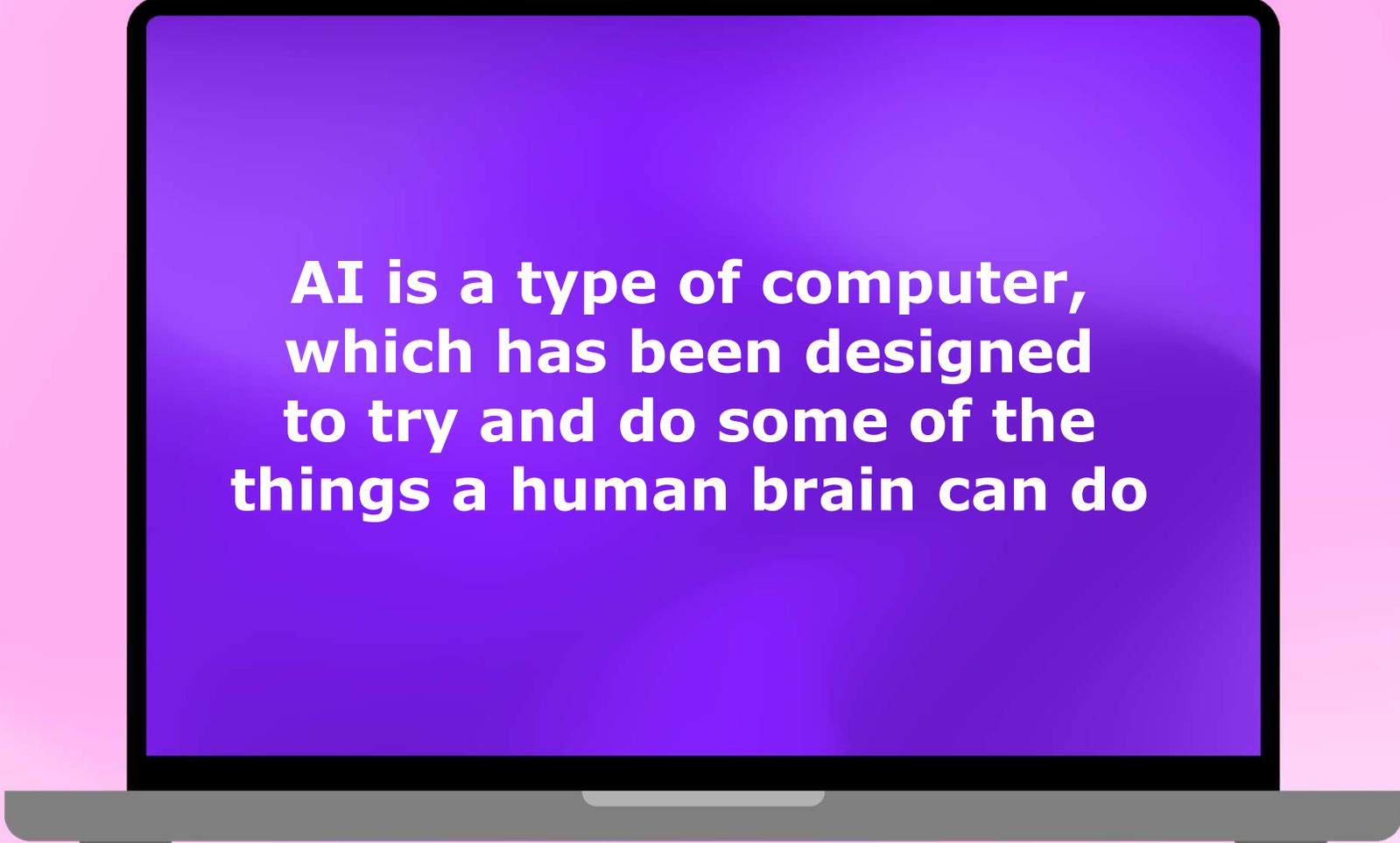
The police



The government

**Companies
who make your
favourite apps
and games**



A stylized illustration of a laptop. The laptop is centered in the frame. The screen is a solid purple color and contains white text. The laptop's body is a light pink color, matching the background. The keyboard area is a dark grey color. The background is a solid light pink color with rounded corners.

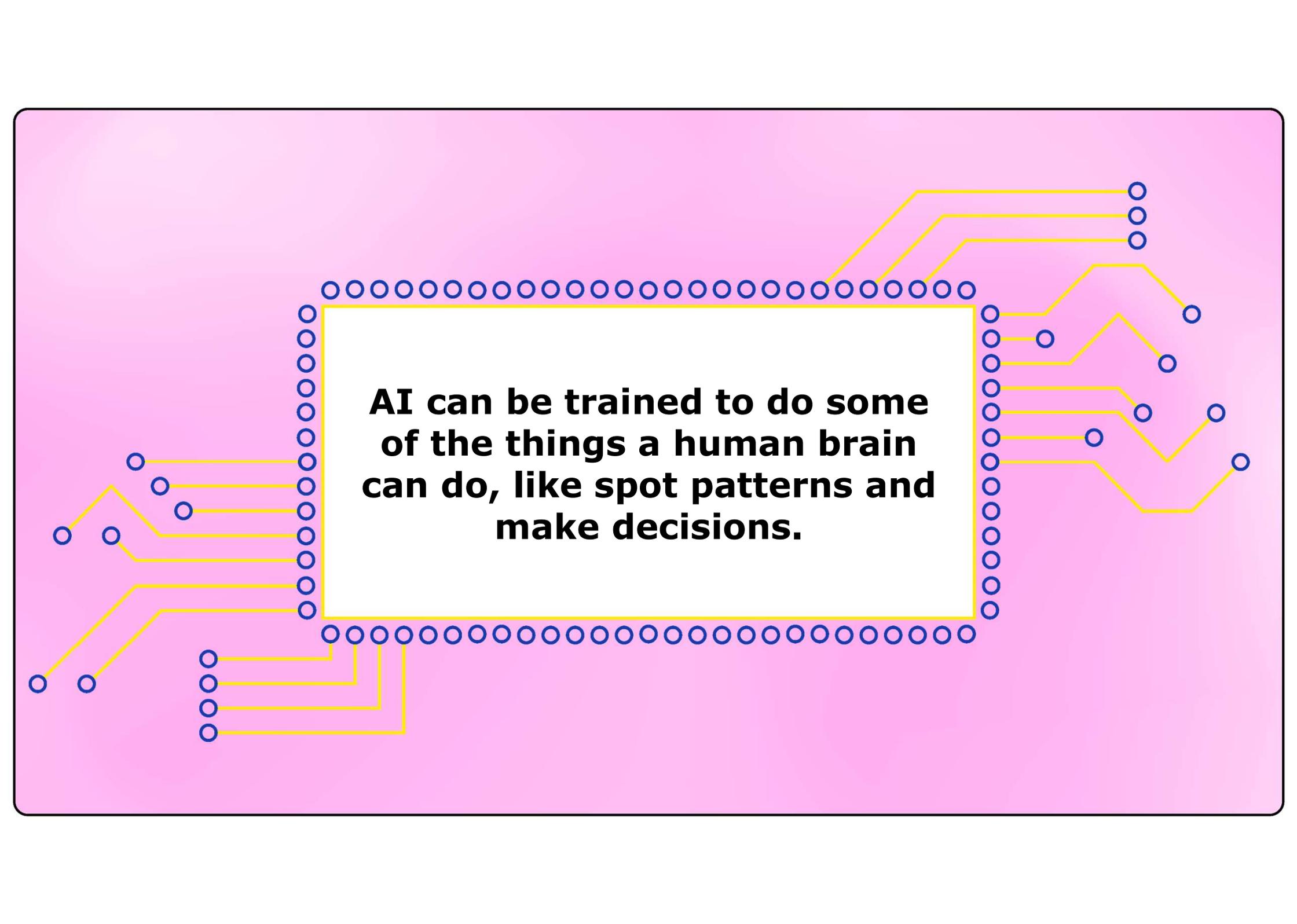
**AI is a type of computer,
which has been designed
to try and do some of the
things a human brain can do**



**'Our brains
are amazing!'**

**'They help us
think, feel and
make decisions'**

**'They use
information from
the world around us'**

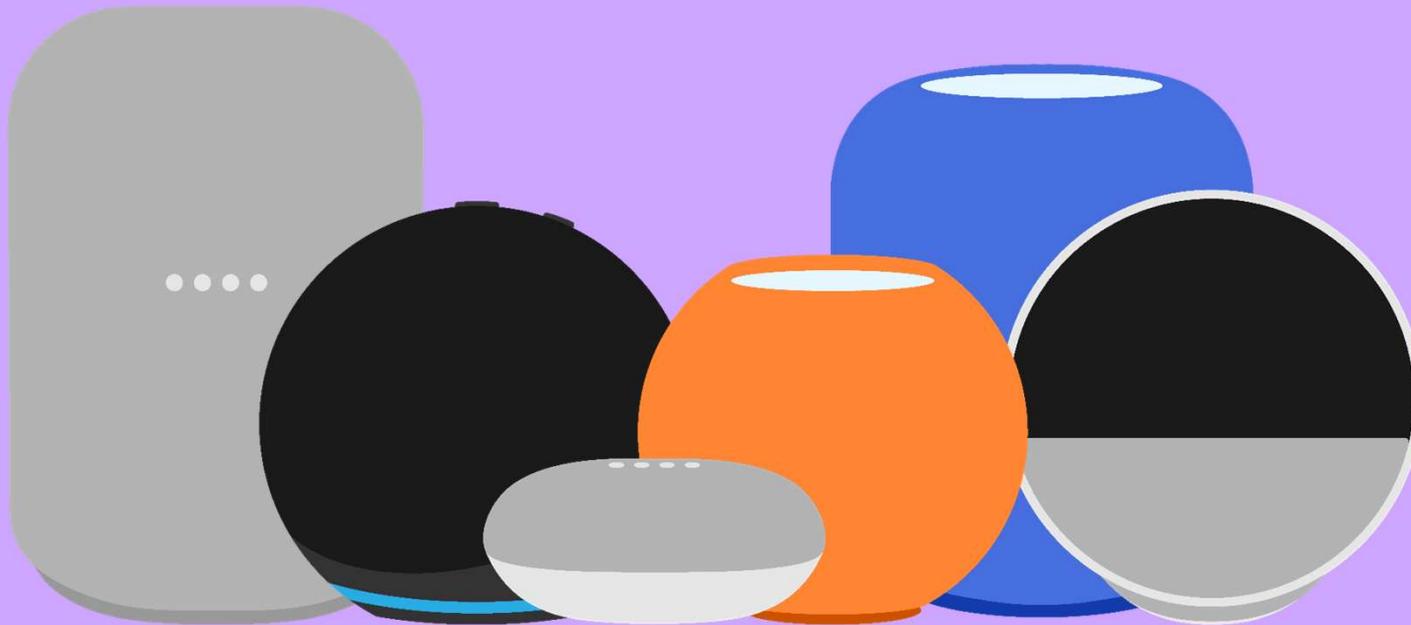


AI can be trained to do some of the things a human brain can do, like spot patterns and make decisions.



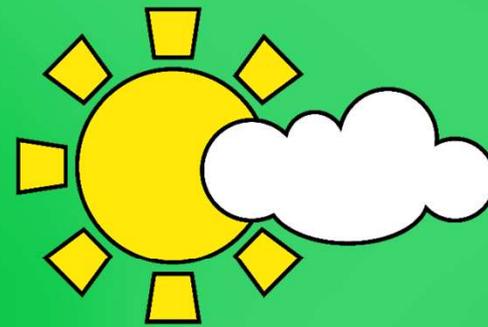
Understanding voice assistants

What is a voice assistant?



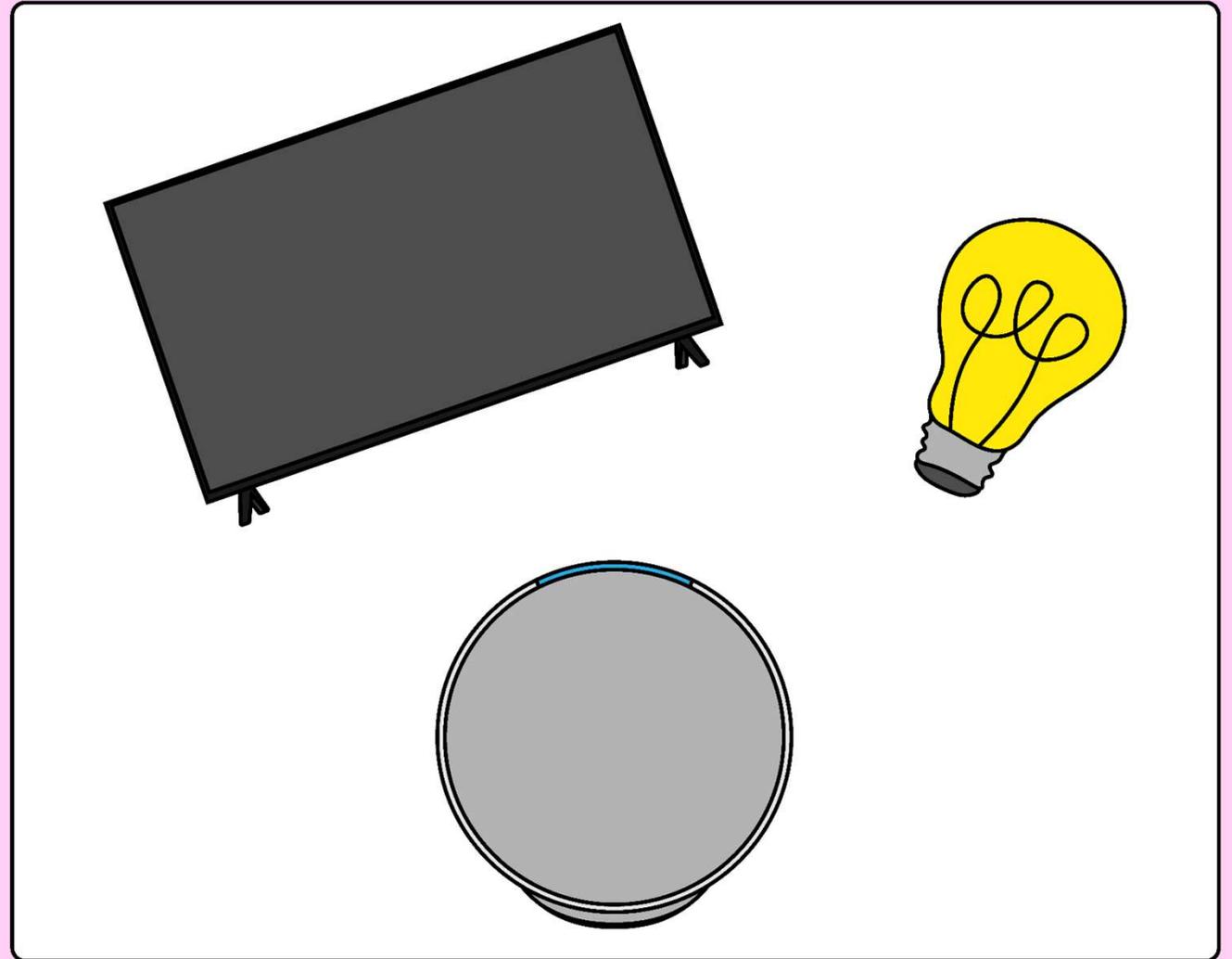
This is a voice assistant.





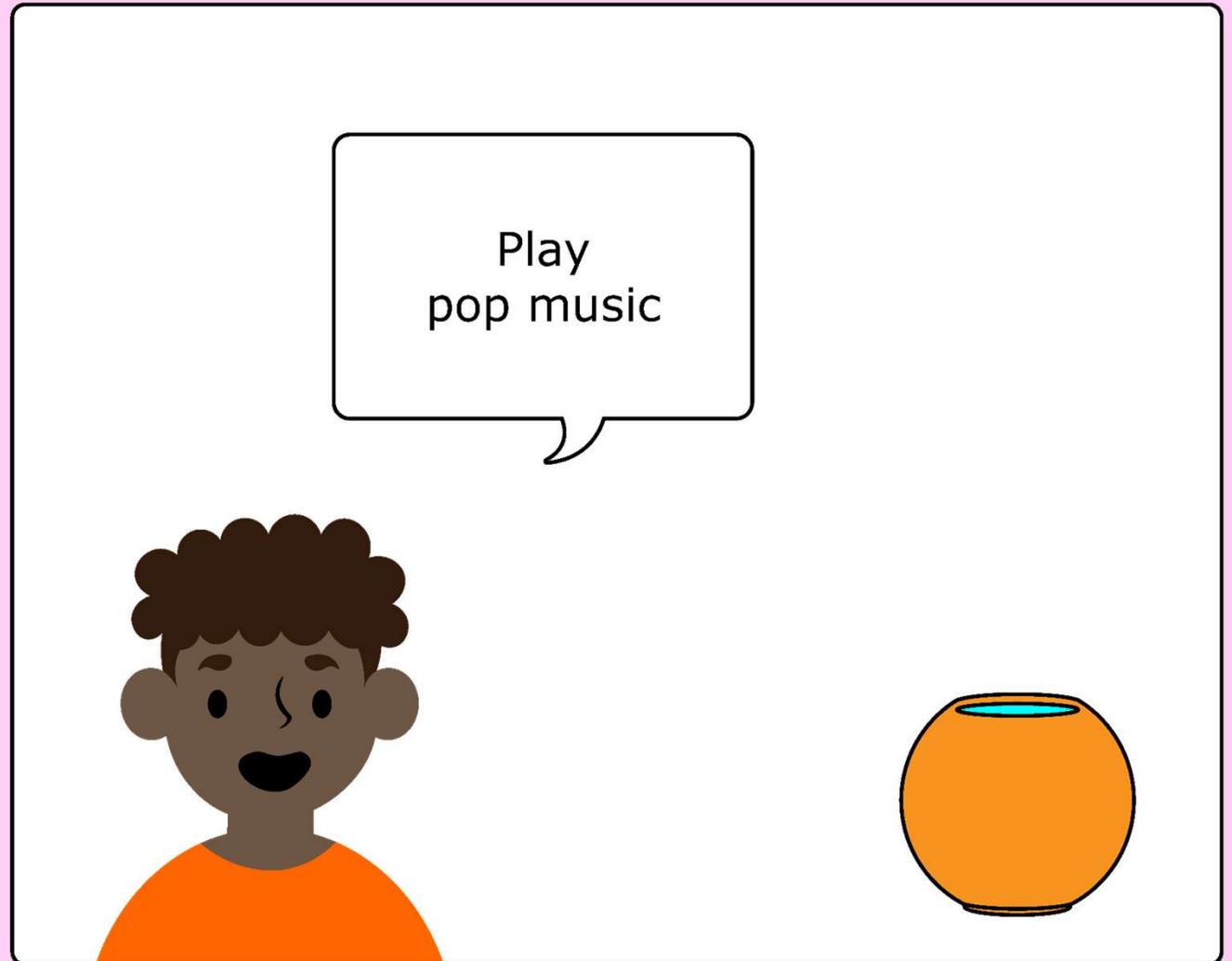
Voice assistants are a type of computer program and a form of technology.

They can access lots of information and can connect to other devices like lights and TVs.



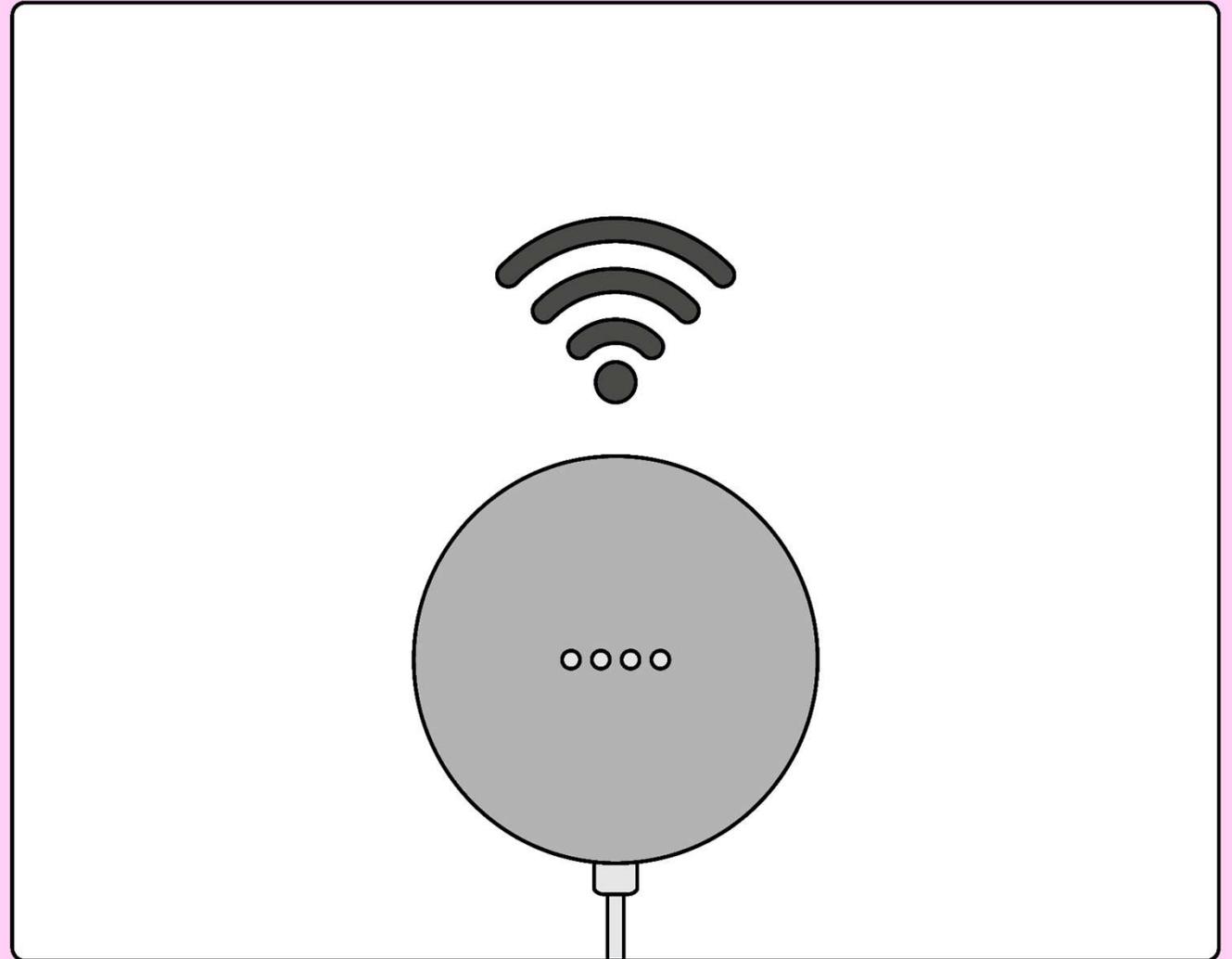
Voice assistants respond to speech.

They are often found on phones, speakers, TVs and watches.



Voice assistants need to be connected to the internet to work.

Some may also need to be plugged in.



Fill in the gaps with the correct words

speech

computer program

information

Alexa

internet

Voice assistants are a type of

.....:

They can access lots of

.....:

They respond to:

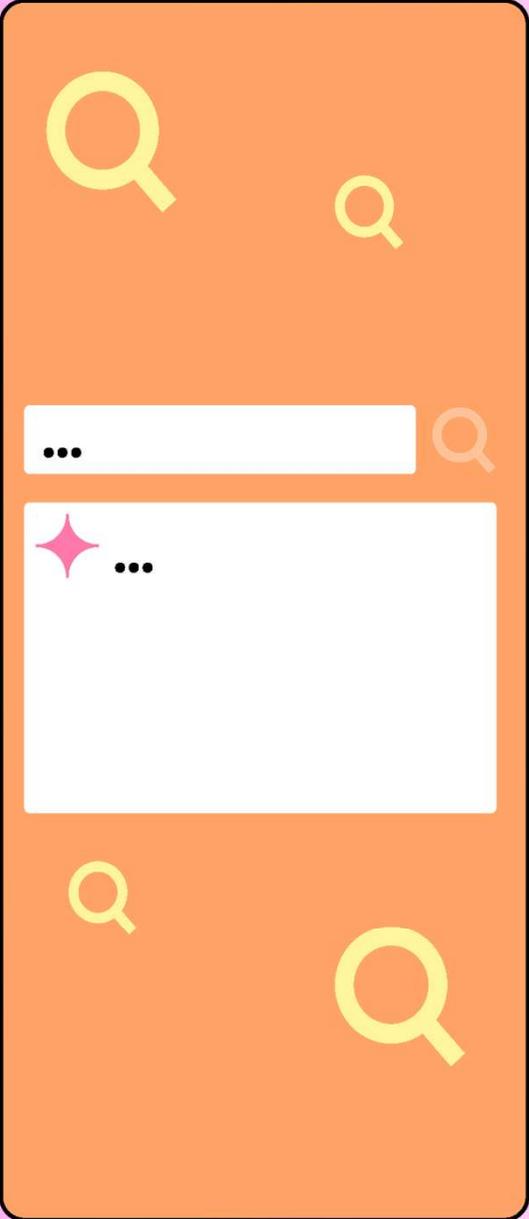
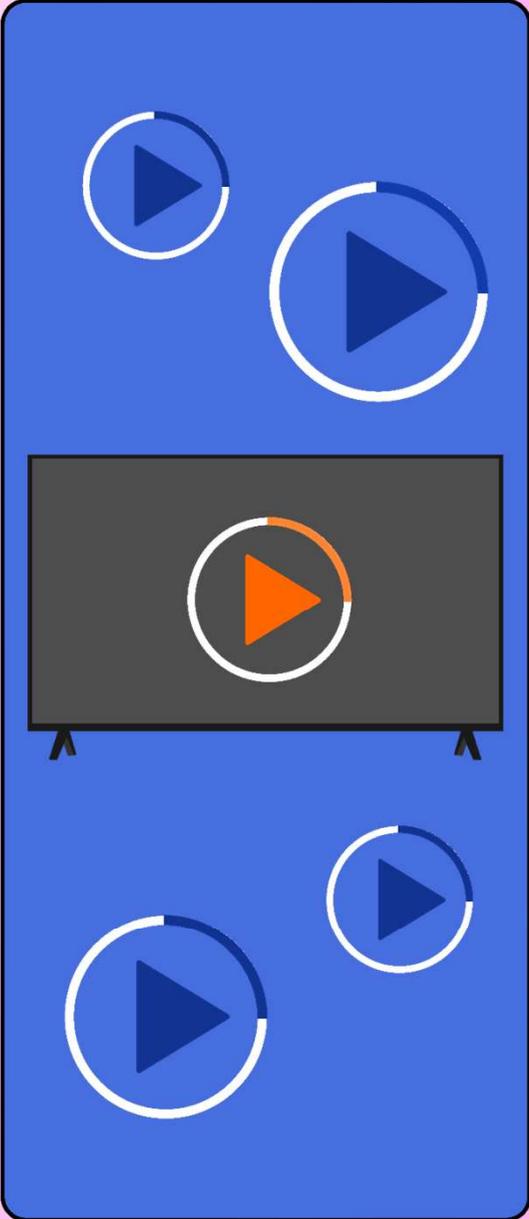
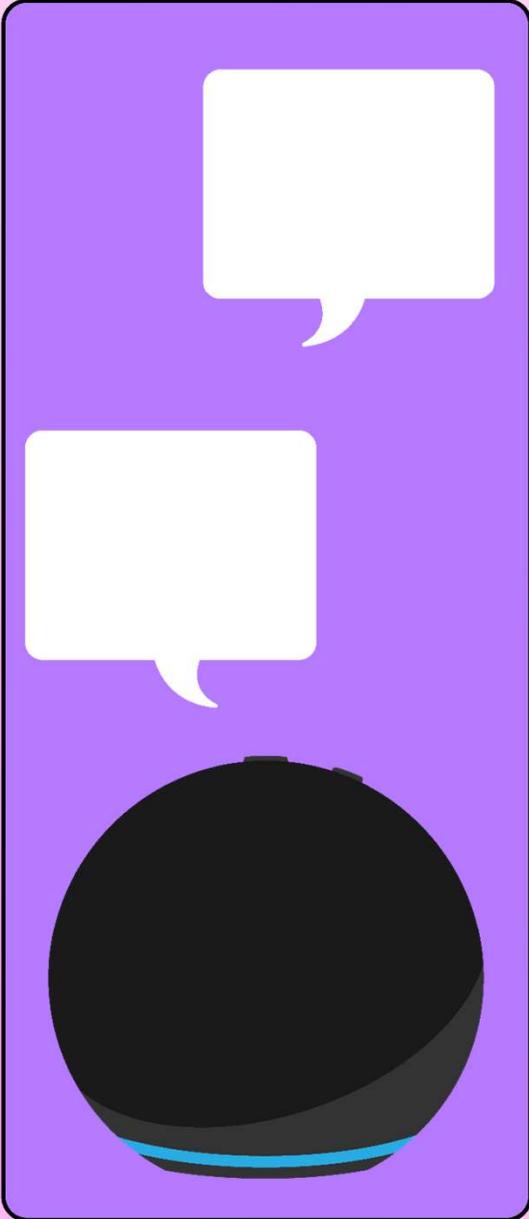
.....:

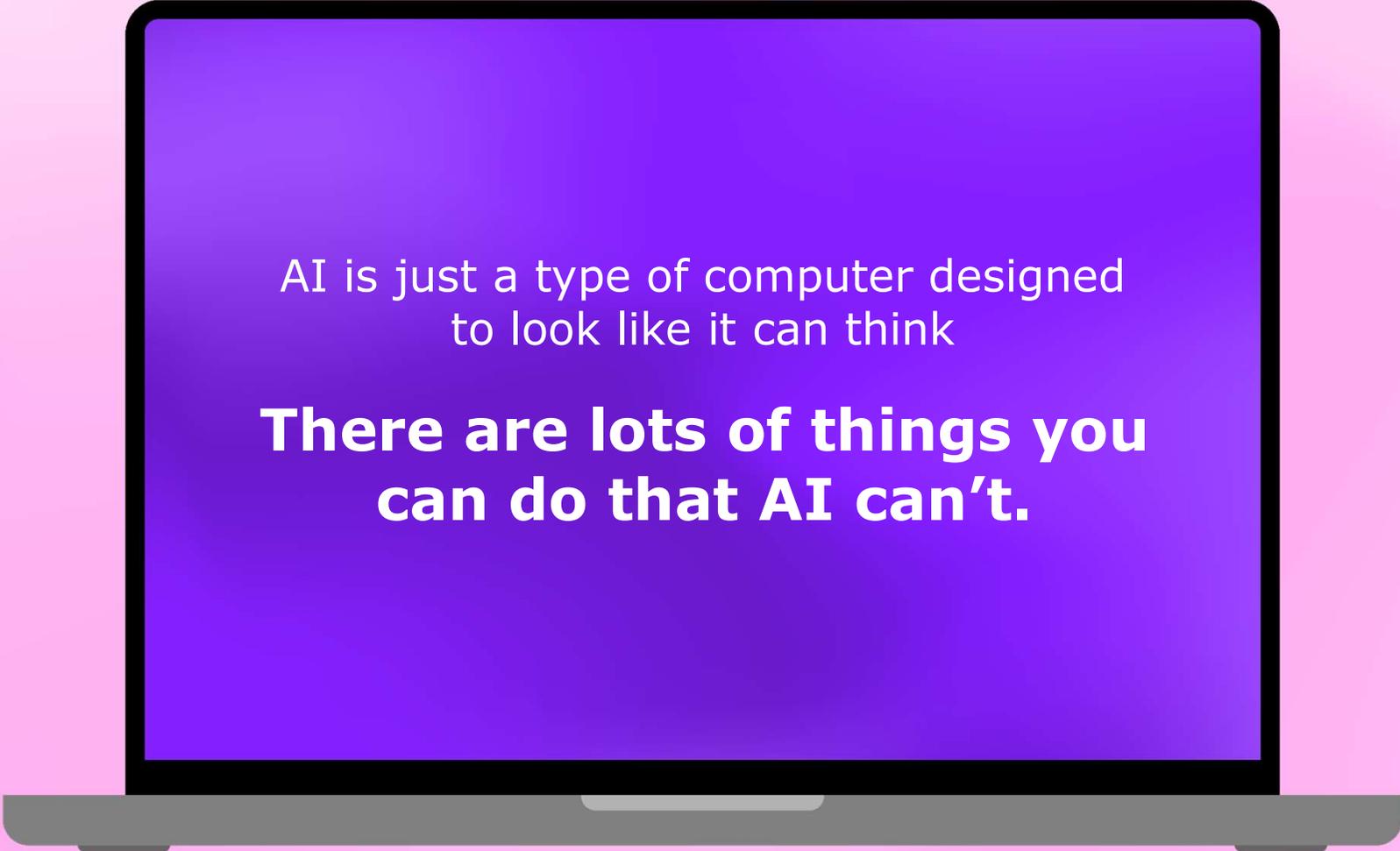
They need to be connected to the

.....:

An example of a voice assistant is

.....:



A stylized illustration of a laptop. The laptop is centered on a light pink background. The screen is a vibrant purple color and contains white text. The laptop's body is a dark grey color. The text on the screen is as follows:

AI is just a type of computer designed
to look like it can think

**There are lots of things you
can do that AI can't.**

**There are lots of things you
can do that AI can't.**



ÀĚİÖŨ

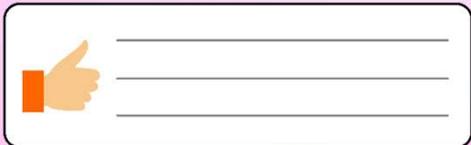
AEIOU



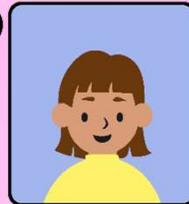
'Sian uses AI to translate when she talks to her friend'



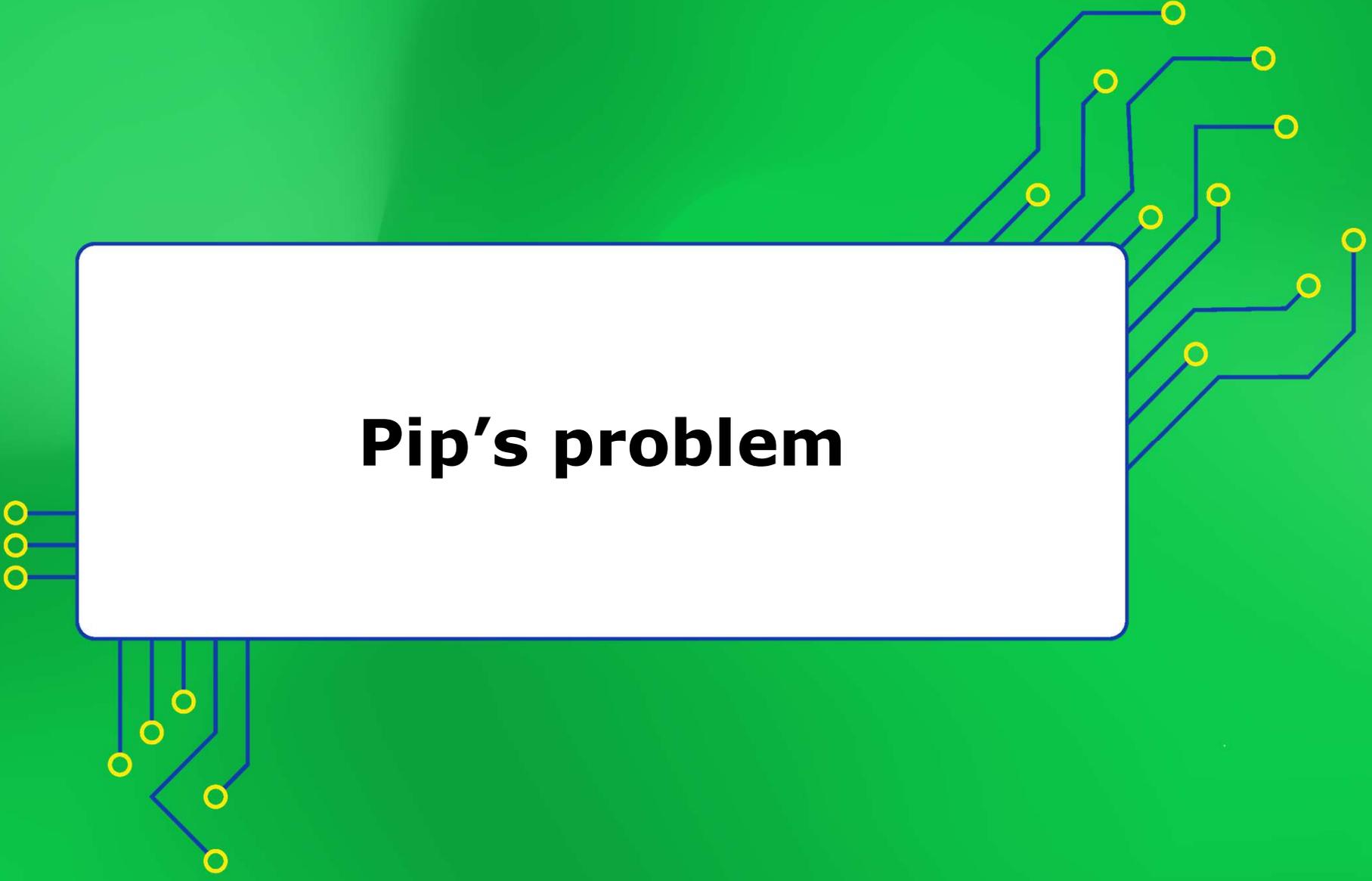
'Manu uses an AI speaker to play music'



'Rory uses AI to help with his homework'



'Issa uses AI to create nicknames for her classmates'



Pip's problem



Pip's problem

I am in a group chat.

A picture was shared of me.

They used AI to make me look strange.

They keep laughing at me.

I feel upset.

What should I do?

Can you give some advice to Pip?



I'm sorry you are feeling...

It is not okay for people to...

You should...

Talk to a trusted adult, such as...



Report to the platform

Shall we tell an adult together?

Do you want to talk?

Are you okay?

Support the victim

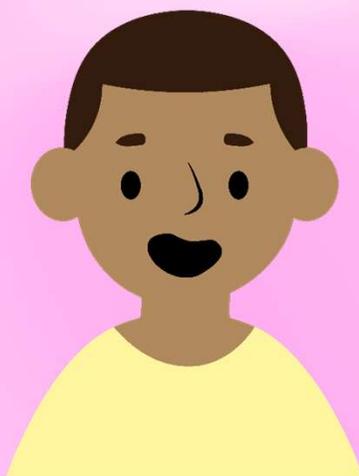
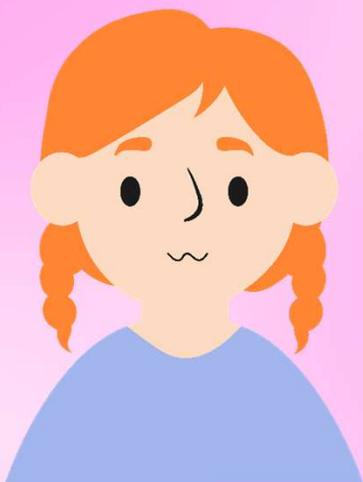
How can you stay safe when you use AI?

Think about how your use of technology makes other people feel

Check information to make sure it's reliable

Ask a trusted adult before using a new AI tool

Talk to a trusted adult if you are upset or worried



Who are the trusted adults you could talk to about things online or when using technology?

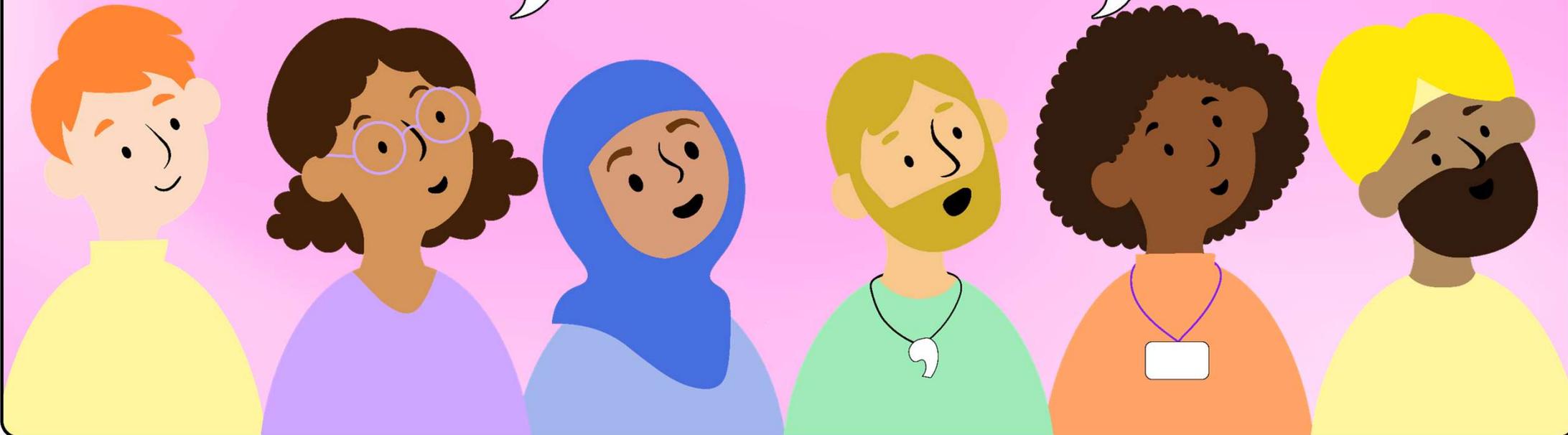
Parents or carers

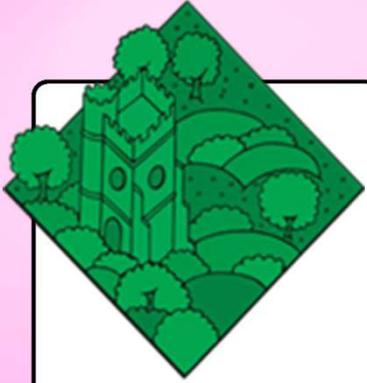
Grandparents

Auntie and Uncle

Teacher and teaching assistant

Sports club leader





Getting Help at St Mary's

Can you think of
anyone at home or at
school who could help
you if you needed help?

childline

ONLINE, ON THE PHONE, ANYTIME

[childline.org.uk](https://www.childline.org.uk) | 0800 1111



**Talk to a trusted adult
Call Childline on 0800 11 11**

Happy Safer Internet Day everyone!

