






# WEEKLY MENU

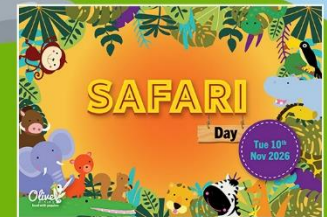
WEEK 1  
WEEK 2  
WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN</b> 	Smokey BBQ Chicken	Super Swirl Beefy Pasta (G/W)	Roast Chicken with Gravy	BBQ Chicken & Sweetcorn Pizza (MK, G/W)	Crispy Catch Fish & Chips (F, G/B*, W)
<b>VEGGIE</b> 	Butter Plant Based Curry (CE, G/B*, O*, R*, W*)	Super Swirl Veggie Pasta (G/W)	Veggie Sausage & Gravy (G/W)	Cheesy Tomato Pizza (MK, G/W)	Cheesy Mexican Veggie Burrito & Chips (MK, G/W)
<b>SIDES</b> 	Steamed Rice with Sweetcorn & Green Beans	Carrots & Broccoli	Rustic Roast Potatoes & Seasonal Vegetables	Homemade Potato Wedges & Baked Beans	Baked Beans or Peas
<b>PASTA &amp; JACKET</b> 	Italian Tomato Twirl Pasta (CE, MK, G/W)	Jacket Potato with a Choice of Fillings (E, F, MK)	Mac & Cheese (MK, G/W)	Jacket Potato with a Choice of Fillings (E, F, MK)	Tomato & Vegetable Pasta (CE, G/W)
<b>PUD</b> 	Banana Bonanza Sponge & Creamy Custard (E, MK, SO*, G/W)	Golden Pear Crumble with Custard (MK, G/B*, O, W)	Vanilla Shortbread (G/W)	Chocolate Mousse (MK, SO*)	Vanilla Sponge with Chocolate Sauce (E, MK, SO*, G/W)

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT

## THEME DAYS



## DATES

31 AUG / 21 SEP  
12 OCT / 09 NOV / 30 NOV

## ALLERGENS

CE = CELERY F = FISH G/O = OATS L = LUPIN MU = MUSTARD SO = SOYA \* = MAY CONTAIN  
CR = CRUSTACEAN G = GLUTEN G/R = RYE MK = MILK N = NUTS SU = SULPHUR V = VEGAN  
E = EGGS G/B = BARLEY G/W = WHEAT MO = MOLLUSCS P = PEANUTS SE = SESAME SEEDS S = SEASONAL VEG

# WEEKLY MENU

WEEK 1  
WEEK 2  
WEEK 3



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## THEME DAYS

### MAIN



**Beef Ragu Topped Mac & Cheese**  
(MK, G/W)

**Mild Chicken Tikka Masala**  
(MK, G/B\*, O\*, R\*, W\*)

**Lightly Spiced Chicken**

**Homemade Beefy Lasagne**  
(E\*, MK, G/B\*, W)

**Captain's Crispy Fish Fingers & Chips**  
(F, G/W)

### VEGGIE



**Roasted Butternut Squash Topped Mac & Cheese**  
(MK, G/W)

**Mild Vegetable Tikka Masala**  
(MK, G/B\*, O\*, R\*, W\*)

**Lightly Spiced 'Plant Based' Chickn**

**Cheese & Tomato Pasta Bake**  
(CE, MK, G/W)

**Vegan Nuggets & Chips**  
(G/W)

### SIDES



**Peas & Sweetcorn**

**Steamed Rice with Carrots & Green Beans**

**Paprika Diced Potatoes & Sweetcorn**

**Broccoli**

**Homemade Potato Wedges & Baked Beans**

### PASTA & JACKET



**Jacket Potato with a Choice of Fillings**  
(E, F, MK)

**Italian Tomato Twirl Pasta**  
(CE, MK, G/W)

**Jacket Potato with a Choice of Fillings**  
(E, F, MK)

**Tomato & Vegetable Pasta**  
(CE, G/W)

**Jacket Potato with a Choice of Fillings**  
(E, F, MK)

### PUD



**Apple Sponge & Custard**  
(E, MK, SO\*, G/W)

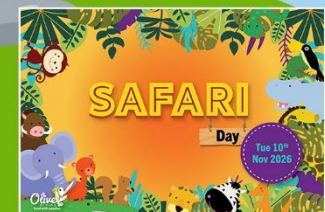
**Chocolate Shortbread Biscuit**  
(G/W)

**Sticky Toffee Apple Crumble with Custard**  
(MK, G/W)

**Jam Sponge with Custard**  
(E, MK, SO\*, SU, G/W)

**Cool School Ice Cream**  
(MK)

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT



## DATES

07 SEP / 28 SEP  
19 OCT / 16 NOV / 07 DEC

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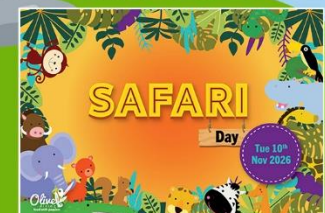
WEEK 1  
WEEK 2  
WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN</b> 	Sticky Chicken Pasta Bake (CE, G/W)	Cowboy Beef Chilli (CE)	Roast Chicken with Gravy	Jerk Chicken Curry (CE)	Crispy Catch Fish & Chips (F, G/B*, W)
		S		S	
<b>VEGGIE</b> 	Sticky Veggie Pasta Surprise (CE, G/W)	Tex Mex Mild Veggie Chilli (CE)	Roast Jerk Quorn Fillet (G/W)	Jerk Vegetable Curry (CE, G/B*, O*, R*, W*)	Vegan Nuggets & Chips (G/W)
	V S	V S	V		V
<b>SIDES</b> 	Broccoli	Steamed Rice & Broccoli	Rustic Roast Potatoes & Seasonal Vegetables	Rice & Peas (CE)	Baked Beans or Peas
	V S	V S	V S	V S	V
<b>PASTA &amp; JACKET</b> 	Jacket Potato with a Choice of Fillings (E, F, MK)	Mac & Cheese (MK, G/W)	Jacket Potato with a Choice of Fillings (E, F, MK)	Italian Tomato Twirl Pasta (CE, MK, G/W)	Jacket Potato with a Choice of Fillings (E, F, MK)
				S	
<b>PUD</b> 	Winter Berry Cake (E, MK, SO*, G/W)	Syrup Sponge with Custard (E, MK, SO*, G/W)	Oaty Crunch Cookie (MK*, G/B*, O, W)	Mixed Berry Crumble with Custard (MK, G/W)	Fruit Yoghurt (MK)
	S				

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## THEME DAYS



## DATES

14 SEP / 05 OCT  
02 NOV / 23 NOV / 14 DEC

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