



JABFIRST

BXN ACADEMY

A PURPOSE DRIVEN TRAINING PROGRAM

At JabFirst, we teach more than Boxing,
We develop young individuals through structure,
discipline and elite fundamentals helping them
build confidence, resilience and long-term habits that
extend far beyond the ring.

DISCIPLINE • FITNESS • LEADERSHIP • PURPOSE

- SELF DEFENCE • CONFIDENCE • SKILL SET • RESILIENCE
- DISCIPLINE • FITNESS • LEADERSHIP • ACCOUNTABILITY • ATTITUDE • FOCUS
- FOCUS • EMOTIONAL RELEASE

YEARS 2-6'S ACADEMY DETAILS

START: 14th September

FINISH: 14th December

Mondays: 3:15pm – 4:15pm

13 Weeks | £97.50 | Main Hall

To book on please contact:

jabfirstbxnacademy@gmail.com

Check us out

www.jabfirstbxnacademy.com

TRAIN WITH PURPOSE. GROW WITH DISCIPLINE.